

Cow Cow Girl

Count: 32

Wall: 4

Level: Improver

Choreographer: Stella Wilden (UK)

Music: You've Got To Talk To Me - Ninon



RIGHT ROCK STEP, RIGHT SHUFFLE ½ TURN RIGHT

- 1 Step forward right foot
- 2 Replace weight on left foot
- 3&4 Step right, left, right making a ½ turn to the right

CROSS, ½ TURN, HOLD & CLAP

- & Step left foot slightly side left
- 5 Step right foot slightly side right
- & Bring left foot to center
- 6 Cross right foot over left
- 7 Unwind ½ turn to left
- 8 Hold & clap

SHAKE, KICK, CROSS, KICK & CROSS

- 9-12 Shimmy or shake for 4 beats
- 13 Kick right foot forward
- 14 Swing right foot across left leg & to the left side of right leg
- 15 Kick right foot forward
- & Step right foot to side right
- 16 Cross left foot over right

RIGHT VINE, TOUCH, KICK, SWING & CROSS

- 17 Step right foot side right
- 18 Cross left behind right
- 19 Step right foot side right
- 20 Touch left foot beside right
- 21 Kick left foot forward
- 22 Swing left foot across right leg & to the right side of right leg
- 23 Kick left foot forward
- & Step left foot side left
- 24 Cross right over left

LEFT VINE, TOUCH, KICK, SWING & CROSS

- 25 Step left foot side left
- 26 Cross right behind left
- 27 Step left foot side left
- 28 Touch right foot beside left
- 29 Kick right foot forward
- 30 Swing right foot across left leg & to the left side of left leg
- 31 Step right foot forward
- 32 Pivot ¼ turn left on balls of feet ensuring that the weight finishes up on left foot

REPEAT