

# Cross-Border Connection

**COPPER** KNOB  
BY STEPHENETS

Count: 56

Wall: 2

Level: Intermediate

Choreographer: Lisa Strong (CAN)

Music: Baby Workout - George Benson



This dance is dedicated to Charlotte Skeeters, California. Thanks for choreographing a line dance to non-country swing music and re-introducing me to "Huey Lewis and the News". Your inspiration and styling is deeply embedded in my dance.

When dancing to "Baby Work Out", start on the word 'Floor'.

## "MOVE UP": FORWARD, HOLD, FORWARD, HOLD, "TRIPLE" FORWARD, ROCK, REPLACE

- 1-2 Right step forward; hold
- 3-4 Left step forward; hold
- 5&6 Right step forward; left step beside right; right step forward
- 7-8 Left rock-step forward; right rock-step in place (replace weight on right)

## "MOVE BACK": BACK, HOLD, BACK, HOLD; SHUFFLE ½ TURN; BRUSH; HITCH; CROSS

- 1-2 Left step back; hold
- 3-4 Right step back; hold
- 5&6 Step left back (starting ½ turn left); right step beside left, step left forward (finishing ½ turn)
- 7&8 Right brush forward; right knee hitch; right cross-step in front of left (facing 6:00 wall)

Options: On count 1, ½ turn left and step on left; on count 3, ½ turn left and step on right

## "SHUFFLE TO THE LEFT": "TRIPLE" SIDE; ROCK; REPLACE; SIDE; SHIMMY; ACROSS; HOLD

- 1&2 Left step side left; right step beside left; left step side left
- 3-4 Right rock-step back and behind left; left rock-step in place (replacing weight on left)
- 5-6 Right step side right as you shimmy bending knees; straighten knees with weight on right foot as you finish shimmy
- 7-8 Left step across and in front of right; hold

## BRUSH; HITCH; CROSS; "WOBBLE TO THE RIGHT": SYNCOPATED JAZZ BOX ¼ TURN, JAZZ BOX ¼ TURN, SIDE:

- 1&2 Right brush forward; right knee hitch; right cross-step in front of left
- 3&4 Left step back; turn ¼ right and right step forward; left step forward
- 5-6 Right cross-step in front of left; left step back
- 7-8 Turn ¼ right and right step forward; left step side left (facing 12:00 wall)

(Options: as you left step side lean body slightly to the left and allow right foot to raise off the ground; Hands options: snap fingers on count 8 followed by moving hands slightly down and out)

## "TRIPLE" CROSS; ROCK ; ROCK ; "TRIPLE" CROSS; SIDE; BRUSH

- 1&2 Right cross-step across and in front of left; left step side left keeping the foot slight back; right cross-step across and in front of left
- 3-4 Left rock-step side left; right rock-step side right
- 5&6 Left cross-step across and in front of right; right step side left keeping the foot slight back; left cross-step across and in front of right
- 7 Right step side right
- 8 Left brush forward

## TURN; BRUSH; TURN; BRUSH; TURN; BRUSH; TURN; TOUCH COMPLETING A FULL TURN TO THE LEFT:

- 1-2 Left step turning ¼ turn left; right brush forward
- 3-4 Right step turning ¼ turn left; left brush forward
- 5-6 Left step turning ¼ turn left; right brush forward

7-8 Right step turning  $\frac{1}{4}$  turn left; left toe touch forward (facing 12:00 wall)  
(Hand options: for this 8 count sequence put your hands on your hips)

**"WORK OUT": BESIDE, HEEL, FORWARD, TOUCH, BESIDE, HEEL, FORWARD, TOUCH, BESIDE, "TRIPLE" WALK, PIVOT  $\frac{1}{2}$ :**

&1&2 Left step beside right; right heel forward; right step forward; left toe touch beside right

&3&4 Left step beside right; right heel forward; right step forward; left toe touch beside right

&5-7 Left step beside right; right step forward; left step forward; right step forward

8 Pivot  $\frac{1}{2}$  turn left as you step left (facing 6:00 wall)

(Options: on counts 1 and 3: right point touch forward)

**REPEAT**

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