

Cowgirl Salsa

Count: 64

Wall: 2

Level: Improver

Choreographer: Margaret Malloch (UK) & Josephine Mackay (UK)

Music: If I Said You Had a Beautiful Body - The Bellamy Brothers



- 1 Rock forward right foot
2 Rock back left foot
3&4 Shuffle back starting right foot
5 Rock back left foot
6 Rock forward right foot
7&8 Shuffle forward starting left foot
- 9 Rock side right foot
10 Step left foot on spot
11&12 Shuffle right foot across left
13 Rock side left foot
14 Step right foot on spot
15&16 Shuffle left foot across right
- 17-20 Paddle step right foot twice turning ½ left
21&22-23&24 Shuffle forward right foot and left foot
25-32 Repeat steps 17-24
- 33 Heel right foot across left foot
34 Step back on left foot
35&36 Chasse right foot to right side
37 Heel left foot across right foot
38 Step back on right foot
39&40 Chasse left foot to left side
- 41-44 Heel switches right left right clap, clap
45-48 Heel switches left right left clap, clap
- 49 Rock left foot across right foot
50 Step back on right foot swing left foot (ronde)
51&52 Sailor step left foot
53 Rock right foot across left foot
54 Step back on left foot swing right foot (ronde)
55&56 Sailor step right foot
- 57 Step left foot forward
58 ½ turn by right
59&60 Shuffle forward left foot
61 Take a big step to right with right foot
62 Slide left foot in
63 Close left foot beside right
&642 Claps

REPEAT

Use lots of hip movements throughout to give the dance that salsa feeling!

