

# Cowgirl Saddle

**Count:** 32

**Wall:** 2

**Level:** Intermediate/Advanced

**Choreographer:** Nancy Van Haeken (BEL)

**Music:** Saddle Up - Garth Brooks



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## **KICK & TOUCH, IN, KICK BALL STOMP, STEP BACK, SWEEP, STEP BACK, SWEEP, COASTER STEP**

- 1&2 Right foot kick, right foot step next to, left foot side toe touch  
3&4 Left foot kick, left foot step next to, right foot stomp (weight on left foot)  
5&6& Right foot step back, left foot sweep behind, left foot step back, right foot sweep behind  
7&8 Right foot step back, left foot step next to, right foot step forward

## **SIDE, TOGETHER, SIDE SHUFFLE & TOGETHER, CROSS, ¼, ¾ TURN LEFT**

- 1-2 Left foot step to side, right foot step next to left foot  
3&4& Left foot step to side, right foot step next to, left foot step to side  
5-6 Left foot cross step, right foot step back ¼ turn left  
7&8 Left foot step forward ¼ turn left, right foot step to side ¼ turn left, left foot step forward ¼ turn left

## **STEP LOCK STEP, ROCK STEP ½, KICK BALL STOMP-STOMP, SAILOR STEP**

- 1&2 Right foot step forward, left foot step behind, right foot step forward  
3&4 Left foot step forward, ½ turn right, left foot step forward  
5&6& Right foot kick, right foot step next to, left foot stomp twice  
7&8 Left foot step behind, right foot step to side, left foot step forward

## **TOE STRUT, HEEL ROCK, BACK ROCK, HEEL, LOCK, STEP, LOCK, STEP, SIDE, HEEL, TOGETHER**

- 1&2& Right foot step forward on toes, right foot drop heel, left foot step forward on heel, put weight back on right foot  
3&4 Left foot step back, weight back on right foot, left foot heel touch forward  
5&6& Left foot step back, right foot step in front of left foot, left foot step back, right foot in front of left foot  
7&8& Left foot step back, right foot step to side, left foot heel touch forward, left foot step next to right foot

**REPEAT**

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