

Cowboy Up

Count: 40

Wall: 2

Level: Intermediate

Choreographer: Allan Watson (AUS)

Music: Cowboy Up - Tania Kernaghan



STRUTS FORWARD

- 1-2 Right heel slap toe down
- 3-4 Left heel slap toe down
- 5-6 Right heel slap toe down
- 7-8 Left heel slap toe down

MONTEREY TURN

- 1 (Monterey turn) touch right toe to right side
- 2 Turn ½ turn right, step right together
- 3-4 Touch left toe to side, step left together
- 5 (Monterey turn) touch right toe to right side
- 6 Turn ½ turn right, step right together
- 7-8 Touch left toe to side, step left together

ROCK CROSS WITH A CHA-CHA

- 1-2 Step right across left, rock on left
- 3&4 Cha-cha right, left, right to right side
- 5-6 Step left across right, rock on right
- 7&8 Cha-cha left, right, left to left side

DOROTHY STEPS

- 1&2 Step forward on right, lock left behind right forward right
- 3&4 Step forward on left, lock right behind left forward left

ROCK WITH ½ TURN RIGHT WITH CHA-CHA

- 1-2 Rock forward on right, return weight on left foot
- 3&4 Turning ½ turn to right with cha-cha right, left, right

STAR STEP

- 1-4 Left toe forward, left to side, left toe back, left together beside right
- 5-8 Right toe forward, right to side, right toe back, right together beside left

REPEAT
