

# Dance For Life

**COPPER** **KNOB**  
BY STEPSHEETS

**Count:** 32

**Wall:** 2

**Level:** Beginner line/contra dance

**Choreographer:** Phil Johnson (UK)

**Music:** Live It Up - Mental As Anything



---

Choreographed for Cancer Research UK's "Breast Awareness Month" Charity Linedance held at Bridlington's Leisure World on the 4th October 2003

## **WALK FORWARD RIGHT, LEFT: STEP PIVOT, WALK FORWARD RIGHT, LEFT: STEP PIVOT**

- 1-4 Step forward right, step forward left, step forward right, pivot half turn left (weight on left foot forward)
- 5-8 Repeat steps 1-4

## **LET'S GO WALKABOUT**

### **VINE RIGHT AND LEFT WITH QUARTER TURN RIGHT AND HITCH, VINE RIGHT, TOUCH**

- 9-12 Step right to right side, step left behind right, turning quarter turn right stepping onto right, hitch left knee up
- 13-16 Step left to left side, right behind left, step left to left side, (weight on left) quarter turn right hitching right knee up
- 17-20 Step right to right side, step left behind right, step right to right side, touch left toe next to right foot

## **WALK FORWARD LEFT, RIGHT: STEP PIVOT, WALK FORWARD LEFT, RIGHT: STEP PIVOT**

- 21-24 Step forward left, step forward right, step forward left, pivot half turn right (weight on right foot forward)
- 25-28 Repeat steps 21-24

## **VINE LEFT, TOUCH**

- 29-32 Step left to left side, step right behind left, step left to left side, touch right toe next to left foot

## **REPEAT**

---