

# Delicious!

**Count:** 32

**Wall:** 2

**Level:** Improver east coast swing

**Choreographer:** Chris Williams (UK)

**Music:** Baby, It's Cold Outside - Cerys Matthews & Tom Jones



The choreographer was age 15 when this dance was written.

## TOE TOUCHES, ROCK, COASTER AND TURN

- 1-2 Touch right toe forward, touch right toe back
- 3-4 Rock forward on right, recover onto left
- 5&6 Coaster step on right
- 7-8 Step forward on left, pivot ½ turn right

## TRIPLE STEPS AND KICKBALL CHANGE

- 1&2 Cross shuffle left over right
- 3&4 Side shuffle to right
- 5&6 Triple step left, right, left, turning ½ turn left
- 7&8 Kickball change on right

## SHUFFLES AND SIDE ROCKS

- 1&2 Shuffle diagonally forward/right on right
- 3&4 Shuffle diagonally forward/left on left
- 5 Rock to right side on right, swaying body to right
- 6 Rock to left side on left, swaying body to left
- 7 Rock to right side on right, swaying body to right
- 8 Rock to left side on left, swaying body to left and bringing right to touch by left

## KICK BALL CHANGES AND TURNS

- 1&2 Kick ball change on right
- 3-4 Step forward on right, pivot ¼ turn left
- 5-6 Step forward on right, pivot ¼ turn left
- 7&8 Kick ball change on right

## REPEAT

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