

Don't Stop Movin'

Count: 32

Wall: 2

Level: Improver

Choreographer: Mary Bland (UK)

Music: Don't Stop Movin' - S Club 7



ROCK SYNCOPATED WEAVE, ROCK COASTER STEP

- 1-2 Rock right to right side, rock left in place
- 3&4 Cross right foot behind left, step left to left, cross right foot over left
- 5-6 Rock left foot forward, rock back on right foot
- 7&8 Step left foot back, step right beside left, step left foot forward

STOMP HOLD AND ROCKS TWICE

- 9-10 Stomp right foot forward, hold for 1 count
- 11&12 Rock left foot to left side, replace weight onto right foot, step left beside right
- 13-16 Repeat above

ROCK STEP, ½ TURN, ROCK STEP, COASTER STEP,

- 17-18 Rock forward on right foot, rock back on left
- 19&20 Triple step ½ turn right stepping right, left, right
- 21-22 Rock left foot forward, rock back on right foot
- 23&24 Step left foot back, step right beside left, step left foot forward

SIDE ROCK AND CROSS, RIGHT & LEFT, ROCK STEPS DIAGONALLY, LEFT & RIGHT

- 25&26 Rock right foot to the right side, replace weight onto left foot and cross right over left
- 27&28 Repeat 25 & 26 on left foot
- 29&30 Rock back on right foot, turning left diagonally, step in place with left foot, step right foot beside left
- 31&32 Repeat 29 & 30 on left foot

REPEAT
