

# Feel The Mambo

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Liz Nighy (DE)

Music: Mambo - Helena Paparizou



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## ROCK STEP, ¼ TURN BEHIND & STEP, MAMBO STEP, ROCK STEP BACK

- 1-2 Rock right foot to right side, recover on left foot
- 3&4 Step right foot behind left, step left foot ¼ turn left, step right foot forward
- 5&6 Step left foot forward, recover on right, step left foot next right
- 7-8 Rock right foot back, recover on right foot

## MAMBO-TAP, ROCK STEP, CROSS SHUFFLE, LONG STEP SIDE-STEP

- 1&2 Step right foot forward, recover on left, tap right foot on left
- 3-4 Rock right foot to right side, recover on left foot
- 5&6 Cross right foot over left, step left foot next right, cross right foot over left
- 7-8 Step left foot long to left side, step right foot next left

**Restart on wall 2 and 6 - count 8: tap right foot next left**

## STEP-STEP, CROSS ¼ TURN, CROSS SHUFFLE, BRUSH ¼ HITCH

- 1-2 Step left foot forward, step right foot forward
- 3&4 Cross left foot over right, step right foot back, step left foot ¼ turn left to left side
- 5&6 Cross right foot over left, step left foot next right, cross right foot over left
- 7&8 Brush left foot ¼ turn left, hitch, cross left foot over right

## LOCK STEP BACK, COASTER STEP, FULL TURN, KICK BALL CROSS

- 1&2 Step right foot back, cross left foot over right, step right foot back
- 3&4 Step left foot back, step right foot next left, step left foot forward

**Restart on wall 9**

- 5-6 Step right foot ½ turn left forward, step left foot ½ turn forward
- 7&8 Kick right foot forward, step right foot next left, cross left foot over right

**REPEAT**

**RESTART**

**On walls 2 and 6, restart at count 16 after changing count 16 to a touch instead of a step**

**On wall 9, restart after count 28**

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