

# Feel A Change

**COPPER** KNOB  
BY STEPHENETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Phill Morris

Music: I Feel a Heartache - Danni Leigh



## HEEL STRUTS & ROCKS

- 1-2 Touch right heel forward, snap toe down weighting right foot
- 3-4 Rock back on left foot, rock weight forward onto right foot, pushing hips in direction of rock
- 5-6-7-8 Repeat 1-4 starting on left foot

## WEAVE LEFT, CROSS ½ UNWIND, LEFT COASTER

- 1-2 Cross right over left, step left to side
- 3-4 Cross right behind left' step left to left side
- 5-6 Cross right in front of left, unwind ½ turn left(weight on right foot)
- 7&8 Step back on left, step right beside left, step forward on left

## MAMBO BOX & HOLDS

- 1-2 Step right foot to right side, step left foot beside right
- 3-4 Step forward on right foot, hold for one count
- 5-6 Step left to left side, step right beside left
- 7-8 Step back slightly to the left leaving right heel extended forward and hold for one count

## VAUDEVILLE HOPS & ¾ MONTEREY TURN

- & Bring right foot in place beside left
- 1 Cross left over right, coming back into line of dance
- & Step right to right side
- 2 Tap left heel diagonally to the left
- &3&4 Repeat &1&2 starting with left foot
- 5 Touch right toe to right side
- 6 Turn ¾ turn to right on ball of left foot & bring right foot beside left and apply weight
- 7 Touch left toe to left side
- 8 Step left foot in place beside right, apply weight

## REPEAT

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