

# Fast Women

**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Guyton Mundy (USA)

**Music:** Good Little Girls - Blue County



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## **RIGHT KICK BALL CHANGE, RIGHT SAILOR STEP, LEFT BEHIND & CROSS ¼ TURN RIGHT, SAILOR WITH ½ TURN**

- 1&2 Right kick, step right, step left  
3&4 Step right behind, step forward on left, step right beside left  
5&6 Step left behind right, step forward on right turning ¼ to right, step left beside right (3:00)  
7&8 Step back on right turning ¼ right, step forward on left turning ¼ right, step forward right (9:00)

## **LEFT HIP WALK, RIGHT HIP WALK, ROCK FORWARD LEFT, LEFT LOCK STEP BACK**

- 1&2 Touch left forward bumping left hip, recover weight and bump hip forward again stepping on left  
3&4 Touch right forward bumping right hip, recover weight and bump hip forward again stepping on right  
5-6 Rock forward on left, recover on right  
7&8 Step left back, cross right over left stepping back, step left back

## **RIGHT LOCK STEP BACK, LEFT ROCK BACK, SHUFFLE FORWARD LEFT, RIGHT, LEFT, WALK FORWARD RIGHT, LEFT**

- 1&2 Step right back, cross left over right stepping back, step right back  
3-4 Rock back on left, recover on right  
5&6 Shuffle forward left, right, left  
7-8 Walk forward right, left

## **STEP FORWARD ON RIGHT TURNING ¼ TO LEFT, LEFT BEHIND & CROSS, RIGHT SIDE ROCK, RIGHT BEHIND & CROSS WITH ¼ TURN TO LEFT, STEP FORWARD ON LEFT**

- 1 Step forward on right turning ¼ to left  
2&3 Step left behind right, step right to right side, cross left in front of right  
4-5 Side rock on right to right side, recover to left  
6&7 Step right behind left, step left to left side turning ¼ to left, step forward on right  
8 Walk forward on left

**REPEAT**

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