

# Fast Forward

**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Thomas Haynes (USA) & Brenda Haynes (USA)

**Music:** Living In Fast Forward - Kenny Chesney



## **STEP TOUCH, STEP TOUCH, ROCK STEP, BACK TOUCH**

- 1-2 Step forward on right, touch left toes to left
- 3-4 Step forward on left, touch right toes to right
- 5-6 Rock forward on right, step left in place
- 7-8 Step back on right, touch left to left

## **WALK FORWARD, TOUCH, KICK AND TOUCH (TWICE)**

- 1-2 Walk forward left, right
- 3-4 Step forward on left, touch right toes right
- 5&6 Kick right forward, step on right touch left next to right
- 7&8 Kicks left forward, step on left touch right next to left

## **PIVOT TURN SHUFFLE, PIVOT TURN SHUFFLE**

- 1-2 Step right forward, pivot  $\frac{1}{2}$  turn left
- 3&4 Shuffle forward right, left, right
- 5-6 Step left forward, pivot  $\frac{1}{4}$  right
- 7&8 Shuffle forward left, right, left

## **KICK-BALL CROSS, UNWIND $\frac{1}{2}$ TURN, HIPS**

- 1&2- Kick right forward, step right in place, cross left over right
- 3-4 Unwind  $\frac{1}{2}$  turn right (end with weight on left)
- 5-6 Bump hips left twice
- 7-8 Bump hips right, left

## **REPEAT**

## **TAG**

### **At end wall 2 and wall 5**

- 1-2 Step right forward pivot  $\frac{1}{2}$  turn left
  - 3-4 Step right forward pivot  $\frac{1}{2}$  turn left
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