# The Flying Scots (P)



Count: 32 Wall: 0 Level: Partner

Choreographer: John Sharman (UK) & Pete Cranwell (UK)

Music: Voices Of The Highlands - Speed Limit



# Position: Sweetheart position

# TOE, HEEL, STEP, LOCK, STEP

1-2 Touch right toe to left instep, touch right heel to left instep

3&4 (Traveling forward diagonally right) Step forward on right, lock left behind right, step forward

on right

#### TOE, HEEL, STEP, LOCK, STEP

5-6 Touch left toe to right instep, touch left heel to right instep

7&8 (Traveling forward diagonally left) Step on forward on left, lock right behind left, step forward

on left

#### ROCK, RECOVER, SAILOR TURN

9-10 Rock forward on right, recover on left

11&12 Sweep right behind left making a quarter turn right, step on left making a further quarter turn

right, step on right beside left

#### STEP, LOCK, STEP. STEP, LOCK, STEP

13&14 Step forward on left, lock right behind left, step forward on left
15&16 Step forward on right, lock left behind right, step forward on right

# ROCK, RECOVER, SAILOR TURN

17-18 Rock forward on left, recover on right

19&20 Sweep left behind right making a quarter turn left, step on right making a further quarter turn

left, step on left beside right

# SHUFFLE HALF TURN LEFT TWICE

# Drop right hands, hold left hands high

Shuffle forward on right, left, right while making a half turn to the left Shuffle back on left, right, left, while making a further half turn left

# SIDE, TOGETHER, HEEL, HOOK, STEP, LOCK, STEP

Touch right toe to right side, touch right toe next to left foot, touch right heel forward, hook

right foot in front of left shin

27&28 Step forward on right, lock left behind right, step forward on right

# SIDE, TOGETHER, HEEL, HOOK, STEP, LOCK, STEP

29&30& Touch left toe to left side, touch left toe beside right foot, touch left heel forward, hook left

heel in front of right shin

31&32 Step forward on left, lock right behind left, step forward on left

# **REPEAT**