

# Flashback

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Gerard Murphy (CAN)

Music: Best Friend - S Club 7



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## ROCK & ¼ STEP, ¼ STEP, ROCK & RIGHT TRIPLE STEP FORWARD, LEFT TRIPLE STEP FORWARD

- &1 Step back onto ball of right, step forward onto left
- 2-3 Step right ¼ turn right, step left forward making another ¼ turn right (now facing back wall)
- &4 Step back onto ball of right, step forward onto left
- 5&6 Step right forward, step left next to right, step right forward (traveling diagonally right, pushing right hips forward on right steps)
- 7&8 Step left forward, step right next to left, step left forward (traveling diagonally left, pushing left hips forward on left steps)

## KICK, STEP, STEP FORWARD, DOWN, UP, TOUCH, STEP FORWARD, TOUCH & TOUCH

- 9&10 Kick right forward, step right next to left, step left forward
- 11-12 Bend knees down, up (option: body roll for 11&12)
- 13-14 Touch left toes in front of right toes, step left forward
- 15&16 Touch right toes behind left heel, step right back, touch left toes in front of right toes

## COASTER BACK ¼ RIGHT, RIGHT BUMPS, LEFT BUMPS, ¼ STEP, TOUCH

- 17&18 Left coaster step back making ¼ turn right - left, right, left
- 19-20 Step right slightly to right & bump right hip, bump right hip again
- 21-22 Bump left hip twice
- 23-24 Step right ¼ turn right, touch left toes next to right

## KICK, BALL, CROSS, STEP/BEND, DRAG/TOUCH, ¼ STEP, KICK, STEP BACK, TOUCH, SNAP

- 25&26 Kick left forward, step on ball of left next to right, cross right over left
- 27-28 Step left to left while bending knees down, drag & touch right next to left while bringing knees back up
- 29-30 Step right ¼ turn right, kick left across front of right
- &31 Step left back diagonally to left, touch right next to left
- 32 Snap fingers in air

**REPEAT**

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