

# First Time Waltz

**Count:** 48

**Wall:** 2

**Level:** Beginner waltz

**Choreographer:** Roz Morgan (USA)

**Music:** Their Hearts Are Dancing - The Forester Sisters



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## **BASIC WALTZ STEPS FORWARD AND BACK**

- 1-3 Step left foot forward, step right foot beside left foot, step left foot forward  
4-6 Step right foot back, step left foot beside right foot, step right foot back

## **TWINKLE STEPS**

- 1-3 Cross-step left foot over right foot, step right foot to right side, step left foot to left side  
4-6 Cross-step right foot over left foot, step left foot to left side, step right foot to right side

## **BASIC WALTZ STEPS FORWARD AND BACK**

- 1-3 Step left foot forward, step right foot beside left foot, step left foot forward  
4-6 Step right foot back, step left foot beside right foot, step right foot back

## **TWINKLE STEPS**

- 1-3 Cross-step left foot over right foot, step right foot to right side, step left foot to left side  
4-6 Cross-step right foot over left foot, step left foot to left side, step right foot to right side

## **WEAVE, SWEEP, STEP, CROSS**

- 1-3 Step left foot in front of right foot, step right foot to right, step left foot behind right foot  
4-6 Sweep right foot behind left foot (step down on right foot and take weight), step left foot to left side, step right foot in front of left foot

## **ROCK RECOVER CROSS LEFT AND RIGHT**

- 1-3 Rock left foot to left side, recover on right foot (take weight), cross left foot over right foot  
4-6 Rock right foot to right side, recover on left foot, cross right foot over left foot

## **¼ TURN BASIC WALTZ, BASIC WALTZ BACK**

- 1-3 Step ¼ turn left on left foot (9:00), step right foot beside left foot, step left foot forward  
4-6 Step right foot back, step left foot beside right foot, step right foot back

## **¼ TURN BASIC WALTZ, BASIC WALTZ BACK**

- 1-3 Step ¼ turn left on left foot (6:00), step right foot beside left foot, step left foot forward  
4-6 Step right foot back, step left foot beside right foot, step right foot back

## **REPEAT**

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