

# Free Spirit

**Count:** 32

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Ms. Sam Warriner (CAN)

**Music:** Heads Carolina, Tails California - Jo Dee Messina



## **OUT-OUT, CLAP, IN-IN CLAP (JAZZ JUMPS)**

- &1-2            Jump small step right on right foot; jump small step left on left foot; clap
- &3-4            Jump small step home on right foot; jump small step home on left foot; clap
- 5-6             Step right foot to right side; cross-step left foot behind right
- 7-8             Step right foot to right side; stomp left beside right

## **VINE LEFT, STOMP**

- 9-10            Step left foot to left side; cross-step right behind left
- 11-12           Step left foot to left side; stomp right beside left
- 13-14           Rock forward on right foot & clap; step left in place
- 15-16           Rock back on right and clap; step left in place

## **½ TURN, TWO SHUFFLE FORWARD, KICK-BALL-CHANGE**

- 17-18           Step right forward; pivot ½ turn to the left
- 19&20           Shuffle forward stepping right, left, right
- 21&22           Shuffle forward stepping left, right, left
- 23&24           Kick right foot forward; step down on ball of right foot; step left foot beside right

## **CROSS-UNWIND, KICK-BALL-CHANGE, CROSS-UNWIND, STOMP TWICE**

- 25-26           Cross-step right over left; unwind ½ turn left
- 27&28           Kick right foot forward; step down on ball of right foot; step left foot beside right foot
- 29-30           Cross-step right over left; unwind ½ turn left
- 31-32           Stomp right foot beside left; stomp left foot beside right

## **REPEAT**

---