

Free Spirit

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Ms. Sam Warriner (CAN)

Music: Heads Carolina, Tails California - Jo Dee Messina



OUT-OUT, CLAP, IN-IN CLAP (JAZZ JUMPS)

- &1-2 Jump small step right on right foot; jump small step left on left foot; clap
- &3-4 Jump small step home on right foot; jump small step home on left foot; clap
- 5-6 Step right foot to right side; cross-step left foot behind right
- 7-8 Step right foot to right side; stomp left beside right

VINE LEFT, STOMP

- 9-10 Step left foot to left side; cross-step right behind left
- 11-12 Step left foot to left side; stomp right beside left
- 13-14 Rock forward on right foot & clap; step left in place
- 15-16 Rock back on right and clap; step left in place

½ TURN, TWO SHUFFLE FORWARD, KICK-BALL-CHANGE

- 17-18 Step right forward; pivot ½ turn to the left
- 19&20 Shuffle forward stepping right, left, right
- 21&22 Shuffle forward stepping left, right, left
- 23&24 Kick right foot forward; step down on ball of right foot; step left foot beside right

CROSS-UNWIND, KICK-BALL-CHANGE, CROSS-UNWIND, STOMP TWICE

- 25-26 Cross-step right over left; unwind ½ turn left
- 27&28 Kick right foot forward; step down on ball of right foot; step left foot beside right foot
- 29-30 Cross-step right over left; unwind ½ turn left
- 31-32 Stomp right foot beside left; stomp left foot beside right

REPEAT
