

Forget About Me

COPPER **NOB**
BY STEPHEN

Count: 32

Wall: 2

Level: Improver

Choreographer: Amanda Diesel (UK)

Music: Forget About Me - The Bellamy Brothers



SKATE FORWARD TWICE, FORWARD SHUFFLE, SKATE FORWARD TWICE, FORWARD AND BACK ROCK

- 1-2 Skate forward right, skate forward left
- 3&4 Step forward right, close left beside right, step forward right
- 5-6 Skate forward left, skate forward right
- 7&8 Rock forward on left, replace weight on right, rock back on left

ROCK & CROSS TWICE, STEP TOGETHER, CHASSE

- 9&10 Rock right to right side, replace weight on left, cross right over left
- 11&12 Rock left to left side, replace weight on right, cross left over right
- 13-14 Step right to right side, close left beside right
- 15&16 Step right to right side, close left beside right, step right to right side

STEP, TOGETHER, CHASSE, ROCK & ¼ TURN TWICE

- 17-18 Step left to left side, close right beside left
- 19&20 Step left to left side, close right beside left, step left to left side
- 21&22 Rock forward on right, back on left, ¼ turn right (face 3:00)
- 23&24 Rock forward on left, back on right, ¼ turn left (face 12:00)

ROCK, SHUFFLE ½ TURN, ROCK, COASTER

- 25-26 Rock forward on right, back on left
 - 27&28 Shuffle ½ turn right, stepping right-left-right
 - 29-30 Rock forward on left, back on right
 - 31&32 Step left back, step right beside left, step left forward
- Steps 31&32 can be replaced with a full turn left, stepping left, right, left**

REPEAT
