

# Forever And For Always

**COPPER** KNOB  
BY SHEETS

Count: 64

Wall: 1

Level: Intermediate

Choreographer: Julie Allen

Music: Forever and for Always - Shania Twain



## **SIDE TOGETHER, CHASSE RIGHT, LEFT MAMBO, RIGHT MAMBO**

- 1-2 Step right to right side, step left beside right  
3&4 Step right to right side, close left to right, step right to right side  
5&6 Cross rock left across right, recover weight onto right, step left next to right  
7&8 Cross rock right across left, recover weight onto left, step right next to left

## **STEP CROSS POINT RIGHT, STEP CROSS POINT LEFT, ¼ TURN LEFT HITCH, STEP FORWARD LEFT, BACK ON RIGHT, FORWARD ON LEFT**

- 1-2 Step left across right and point right toe to the side  
3-4 Step right across left and point left toe to the side  
5-6 Swivel ¼ left on right foot, hitch left foot across right  
7&8 Step left forward, step right back, step left forward

## **RIGHT LOCK STEP, FULL TURN RIGHT, LEFT LOCK STEP BACK, RIGHT COASTER STEP**

- 1&2 Step right forward, step left behind right, step right forward  
3-4 ½ turn right stepping back on left, ½ turn right stepping forward on right  
5&6 Step left back, step right across left, step left back  
7&8 Step right back, step left back next to right, step right forward

## **STEP LEFT FORWARD ¼ TURN RIGHT, LEFT CROSS SHUFFLE, TOUCH RIGHT HEEL, BALL CROSS, TOUCH RIGHT HEEL BALL CROSS**

- 1-2 Step left forward ¼ turn right  
3&4 Left cross shuffle  
5&6 Touch right heel to right diagonal, step right back behind left, step left across right  
7&8 Touch right heel to right diagonal, step right back behind left, step left across right

**On the touch heel bend both arms up to right shoulder & click fingers, on the ball cross take both arms down to left hip**

## **ROCK RIGHT RECOVER, BEHIND SIDE CROSS, TOUCH LEFT HEEL, BALL CROSS, TOUCH LEFT HEEL, BALL CROSS**

- 1-2 Rock right to right, replace on left  
3&4 Step right behind left, step left to left, cross right over left  
5&6 Touch left heel to left diagonal, step left back behind right, step right across left  
7&8 Touch left heel to left diagonal, step left back behind right, step right across left

**On the touch heel bend both arms up to left shoulder and click fingers, on the ball cross take both arms down to the right hip**

## **ROCK LEFT RECOVER, BEHIND SIDE CROSS, STEP BACK RIGHT ¼ TURN LEFT, STEP LEFT TO LEFT WITH ¼ TURN LEFT RIGHT MAMBO**

- 1-2 Rock left, replace on right  
3&4 Step left behind right, step right to right, step left across right  
5-6 Step back right with ¼ left, step left to left with ¼ turn left  
7&8 Cross rock right across left, recover weight on left, step right next to left

## **LEFT ACROSS RIGHT, RIGHT TO RIGHT, BEHIND SIDE TOUCH LEFT HEEL, STEP, FRONT, SIDE, BEHIND SIDE TOUCH RIGHT HEEL**

- 1-2 Step left across right, step right to right

- 3&4 Step left behind right, step right next to left, touch left heel to left diagonal  
&5-6 Step left in place, step right across left, step left to left  
7&8 Step right behind left, step left in place, touch right heel to right diagonal

**STEP RIGHT IN PLACE, STEP LEFT ACROSS RIGHT, STEP BACK ON RIGHT MAKING ¼ TURN LEFT, STEP ¼ TURN LEFT CHASSE, CROSS RIGHT OVER LEFT, PIVOT FULL TURN, STEP RIGHT TO RIGHT, STEP LEFT NEXT TO RIGHT AND POP RIGHT KNEE FORWARD**

- &1-2 Step right in place, step left across right, step back on right turning ¼ turn left  
3&4 Step ¼ turn left, step right next to left, step left to left  
5-6 Cross right over left and pivot full turn (weight on left)  
7-8 Step right to right, step left next to right and pop right knee forward

**On the 6th wall dance up to steps 3 & 4 in section 4 and take a long step to the right dragging left foot to touch next to right for a stylish finish with arms stretched out to either side**

**REPEAT**

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