Funky Cold Medina



Count: 32 Wall: 2 Level: Intermediate

Choreographer: Helen D'Aguiar (UK)

Music: Funky Cold Medina - Tone-Lōc



DIAGONAL STEPS, STEPS TOGETHER TWICE

1-2 Step right foot into right diagonal, pushing hip into diagonal, step left foot into left diagonal,

pushing hip into diagonal

3-4 Bring right foot back to place, bring left foot back to place

5-8 Repeat 1-4

SIDE STEP, HEEL TAP, KICK BALL CROSS TWICE

9-10 Step right foot to side, raise left heel and tap in place

11&12 Kick left into diagonal, bring left next to right and cross right over left

13-14 Step left to side, raise right heel and tap in place

15&16 Kick right into diagonal, bring right next to left and cross left over right

2 QUARTER TURNS RIGHT, POINT, EXTENDED SHUFFLE, QUARTER TURN LEFT, COASTER STEP

17-18 Turn ¼ turn right stepping forward on right, pivot ¼ turn right pointing left toe to the side

19&20&21 Extended cross shuffle left over right (left, right, left, right, left)

22 Turn ¼ turn left stepping back on right

23&24 Left coaster step back

MAMBO STEPS FORWARD & BACK, HITCH TOUCH TWICE 3/4 TURN, KICK BALL CHANGE

25&26 Rock forward on right, recover on left, bring right next to left Rock back on left, recover on right, bring left next to right

&29&30 Hitch right knee as you pivot ¼ turn left, touch right toe out to side, hitch right knee as you

pivot 1/2 turn left, touch right toe out to side

31&32 Right kick ball change

REPEAT