Get Punked Up!

Level: Improver hip hop

Choreographer: Melissa (Boggs) Breazeale (USA) & Candi Titus Music: Wondering - Good Charlotte

Sequence: A, BBB, TAG, B, TAG

Count: 0

PART A

SIDE SHUFFLES ROCK RECOVERS

- 1&2 Side shuffle to right
- 3 Rock back on left
- 4 Recover to right
- 5&6 Side shuffle to left
- 7 Rock back on right
- 8 Recover to left

SHUFFLE FORWARD ROCK RECOVER TRIPLE STEP TURN SAILOR SHUFFLE

- 1&2 Shuffle forward on right
- 3 Rock forward on left
- 4 Recover to right
- 5&6 Half triple step turn
- 7&8 Left sailor shuffle

HIP BUMPS BODY ROLLS

- 1-2 Right hip bumps
- 3-4 Left hip bumps
- 5-6-7-8 Body rolls

HALF MONTEREY TURN SAILOR SHUFFLES

- 1 Touch right to side
- 2 Half Monterey to right
- 3&4 Right sailor shuffle
- 5&6 Left sailor shuffle
- 7&8 Right sailor shuffle

PADDLE TURNS CROSS OUT OUT, CROSS OUT, CROSS OUT

- 1 Paddle turn ¼ wall to left
- 2 Paddle turn another 1/4 wall to left
- 3 Cross right over left
- & Step left foot out
- 4 Step right to the side
- 5 Cross left over right
- 6 Step right to the side
- 7 Cross right over left
- 8 Point left to the side

FUNKY WALK BACK COASTER STEP, 1 ¼ TURN TO THE RIGHT

- 1 Bring left back behind right (side note: like the funky walk in "funky cowboy")
- 2 Bring right back behind left. /
- 3 Step left foot back slightly
- & Step right beside left





Wall: 2

4 Step left forward

5-81 ¹⁄₄ turn to right

ROCK RECOVER SAILOR STEP TURN, ROCK RECOVER RENDEZVOUS ROCK RECOVER

- 1 Rock forward on right
- 2 Recover turning ¼ to left
- 3&4 Left sailor step
- 5 Rock to the left
- 6 Recover ½ turn to the left
- 7 Rendezvous with left
- & Rock back on right
- 8 Recover to left

REVERSED GALLOPING TURNS

1-8 ¹/₄ turns side rock recover (right left right turn, right left right turn)

PART B

SAILOR SHUFFLES ROCK RECOVER

- 1&2 Sailor shuffle to left
- 3&4 Sailor shuffle to right
- 5 Rock forward on right foot
- 6 Recover to left
- 7 Rock back on right
- 8 Recover to left

SAILOR SHUFFLES FULL PIVOT TURN

- 1&2 Sailor shuffle to left
- 3&4 Sailor shuffle to right
- 5 Step forward on right
- 6 Half pivot turn to left
- 7 Step forward on right
- 8 Haft pivot turn to left

SAILOR SHUFFLE FORWARD, BACK, FORWARD, FORWARD

- 1&2 Sailor shuffle to left
- 3&4 Sailor shuffle to right
- 5 Forward right, left
- &6 Syncopate back right left
- &7&8 Syncopate forward right

SAILOR SHUFFLE STOMP HOLD BODY ROLL

- 1&2 Sailor shuffle to left
- 3&4 Sailor shuffle to right
- 5 Stomp right foot
- 6 Hold
- 7-8 Body roll

TAG

"THE DANNY"

Right arm roll with palm facing forward
Left arm roll with palm facing forward
With palms facing forward push arms down and forward while shoulders roll with the arms