Goodbye Lover



Count: 56 Wall: 4 Level: Intermediate

Choreographer: Jenny Constantine (UK)

Music: Morning Train - Nanci Griffith



HEEL HOOKS WITH KICKS

1-2	Extend right heel	forward hook right	heel under left knee

3-4 Kick right forward, kick right to right side

&5-6 Quickly switch weight to right, extending left heel, hook left heel under right knee

7-8 Kick left foot forward, kick left to left side

TOUCH HALF TURNS, STEP LEFT HALF TURN, LEFT TURNING SHUFFLE

9-10	Touch left toe behind, turn half turn to left putting weight on left
11-12	Touch right toe behind, turn half to right putting weight on right

13-14 Step left forward, turn half turn right

15&16 Turn half turn right doing a turning shuffle starting on left foot, ending with weight on left

SYNCOPATED HALF TURN MONTEREYS TRAVELING FORWARD

17-18	Point right toe to	right side, hold

&19-20 Turn half turn right quickly switching weight to right moving slightly backwards and point left

toe to left side, hold

&21-22 Quickly switch weight to left moving slightly backwards pointing right to right side, hold

&23-24 Repeat &19-20 only moving slightly forward not back.

ROCK STEP, ¾ TURN, SIDE ROCK STEP, LEFT BEHIND, UNWIND HALF TURN

&25-26 Quickly switch weight to left, rock forward onto right, rock back or	on left
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27&28 Do ¾ turning triple step starting on right

29-30 Step left to left side and rock weight onto it and back onto right

31-32 Touch left behind right, unwind half turn left

ROCK BACK, FORWARD, LEFT TURNING TRIPLE, LEFT ROCK BACK, JUMPS OUT AND IN

&33-34	Quickly jump weight back onto right, extending left heel, rock weight onto left
35&36	Turn ¾ left doing a triple step starting on right

37-38 Rock left foot back, rock weight back onto right &39 Jump left quickly to left side, then right to right side &40 Turning ¼ left quickly jump left in and right next to it

STEP SLIDE, SYNCOPATED STEPS TO RIGHT

41-44	Take a big step to left, dragging right to it for 4 counts
T 1 ⁻ TT	Take a bid steb to left. dradding fidit to it for 7 counts

45-46 Point right toe to right side, hold putting some weight onto right toe (on the hold you could

push your right knee in)

&47-48 Bring left foot to right foot's place, while again pointing right toe to right side, hold putting

some weight onto right

SYNCOPATED STEP, FULL TURN, GRAPEVINE, STOMP TWICE

&49	Bring left foot to right foot's place while stepping right to right side, putting all weight on right
049	bring left loot to right loot's place wrile stepping right to right side, putting all weight on right

foot

50-51 Step left turning ¼ right, turn half turn right putting weight onto right

52-53-54 Step left turning ¼, step right behind left, step left to left side

55-56 Stomp right in place, stomp left in place

REPEAT

For walls 3 and 6 counts 49-56 should be omitted to fit with music, and counts &47,48 should be

& Bring left foot to right foot's place

47 Step right ¼ right48 Stomp left in place