

# Good-Timin'

Count: 48

Wall: 4

Level: Intermediate

Choreographer: Mike Cook (USA)

Music: Flat Natural Born Good-Timin' Man - Gary Stewart



## BASIC SUGAR PUSH

- 1-2 Step forward on right, step forward on left
- 3-4 Touch (tap) right toes behind left, step back on right

## COASTER STEP, POINT & HOLD

- 5& Step back on left, step right beside left
- 6 Step forward on left
- 7-8 Point right toes to the right, hold

## SLIDE RIGHT, POINT & HOLD, SHUFFLE WITH ¼ TURN

- & Slide right beside left
- 9-10 Point left toes to the left, hold
- 11& Step left foot back making ¼ turn left, step right beside left
- 12 Step left beside right

## BASIC SUGAR PUSH

- 13-14 Step forward on right, step forward on left
- 15-16 Touch (tap) right toes behind left, step back on right

## COASTER STEP, POINT & HOLD

- 17& Step back on left, step right beside left
- 18 Step forward on left
- 19-20 Point right toes to the right, hold

## SLIDE RIGHT, POINT & HOLD, SAILOR STEP

- & Slide right beside left
- 21-22 Point left toes to the left, hold
- 23& Step left behind right, step right to the side
- 24 Left to the side

## SAILOR STEP, BACKWARDS MASHED POTATOES

- 25& Step right behind left, step left to the side
- 26 Step right to the side
- &27 Step ball of left foot behind right while lifting right on to ball of foot, pivot both heels in
- &28 Pivot both heels out, pivot both heels in
- & Step ball of right foot behind left staying on ball of left foot

## BACKWARDS MASHED POTATOES

- 29& Pivot both heels in, pivot both heels out
- 30& Pivot both heels in, step ball of left foot behind right while lifting right on to ball of foot
- 31& Pivot both heels in, pivot both heels out
- 32 Pivot both heels in

You can substitute small backwards shuffle steps for mashed potatoes

## SIDEWAYS SHUFFLE, QUICK ½ PIVOT, SIDEWAYS SHUFFLE

- 33& Step right to the right, step left next to right
- 34& Step right to the right, on ball of right foot pivot ½ turn to the right

35& Step left to the left, step right next to left  
36 Step left to the left

**SIDEWAYS SHUFFLE, QUICK ½ PIVOT, SIDEWAYS SHUFFLE**

37& Step right to the right, step left next to right  
38& Step right to the right, on ball of right foot pivot ½ turn to the right  
39& Step left to the left, step right next to left  
40 Step left to the left

**KICK, KICK, ½ SWING TURN, STEP DOWN RIGHT**

41-42 Kick right foot forward, kick right foot forward  
43-44 Swing right foot around pivoting ½ turn right on ball of left foot, step weight to right

**STEP, SLIDE, HITCH, TAP HEEL**

45-46 Step big step left keeping right toe pointed right and left knee slightly bent, slide right next to left  
47-48 Hitch right while raising left heel, tap left heel down

**Alternate for 47 step right next to left 48 step left next to right**

**REPEAT**

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