

# Go With The Flow

**COPPER** KNOB  
BY STEPHEN HETS

Count: 32

Wall: 2

Level: Improver

Choreographer: John Sharman (UK)

Music: Muddy Water - Speed Limit



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## STEP, TOUCH, BACK, LOCK

- 1-2 Step forward on left, touch right toe behind left heel  
3-4 Step back on right, lock left over right

## BACK, TOUCH, FORWARD, TOUCH

- 5-6 Step back on right, touch left toe over right  
7-8 Step forward left, touch right behind left heel

## SHUFFLE TURN, SCUFF

- 9-10 Step back right making  $\frac{1}{4}$  turn right, step left beside right  
11-12 Make  $\frac{1}{4}$  turn right stepping forward on right, scuff left foot forward

## TRIPLE $\frac{1}{2}$ TURN, KICK

- 13-14 Step slightly forward on left making  $\frac{1}{4}$  turn right, step right beside left  
15-16 Step back left, kick right foot forward

## SLOW COASTER, HOLD

- 17-18 Step back right, step on left beside right  
19-20 Step forward right, hold for one beat

## ROCK, RECOVER, CROSS, HOLD

- 21-22 Rock left to left side, recover on to right  
23-24 Cross left over right, hold for one beat

## ROCK, RECOVER, TURN, STEP

- 25-26 Rock forward on right, recover on to left  
27-28 Make a  $\frac{1}{2}$  turn back stepping forward on right, step forward left

## ROCK, RECOVER, BACK, HEEL

- 29-30 Rock forward right, recover on left  
31-32 Step back right, touch left heel forward

## REPEAT

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