

# Heartbreak Overload

Count: 32

Wall: 4

Level: Improver

Choreographer: Mick Herbert (UK)

Music: Heartbreak Overload - The Bellamy Brothers



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## **SIDE, BEHIND, SIDE SHUFFLE RIGHT, CROSS ROCK, TRIPLE ½ TURN LEFT**

- 1-2 Step right to right side, step left behind right.  
3&4 Step right to right side, close left next to right, step right to right side  
5-6 Cross rock left over right, rock weight back onto right  
7&8 Triple step ½ turn left - stepping left, right, left

## **POINT STEP TWICE, ROCK STEP, COASTER STEP**

- 9-10 Point right to right side, step forward right  
11-12 Point left to left side, step forward left  
13-14 Rock forward on right, rock back on left  
15&16 Step back right, step left beside right, step forward right

## **PIVOT ½ TURN, HOOK, SHUFFLE, HEEL SWITCHES & CLAPS**

- 17-18 Step forward left, pivot ½ turn right while hooking right across left  
19&20 Step forward right, close left beside right, step forward right  
21&22 Touch left heel forward, step left next to right, touch right heel forward  
&23 Step right next to left, touch left heel forward  
&24 (With left heel still touching forward), clap hands twice

## **SAILOR STEP, KICK & TOUCH, ¼ TURN ROCK, COASTER STEP**

- 25&26 Step left behind right, step right to right side, step left in place  
27&28 Kick right forward, step right next to left, touch left to left side  
29-30 Pivot ¼ turn left (taking weight on left), rock back on right  
31&32 Step back left, step right beside left, step forward left

## **REPEAT**

## **BRIDGE**

During 4th wall, dance up to count 16, then add bridge. Restart dance from beginning (count 1). You will be facing ¼ left of home wall (9:00) when you dance the bridge.

## **JAZZ BOX WITH SCUFF, CROSS, BACK, KICK BALL CHANGE**

- 1-2 Cross left over right, step back right  
3-4 Step left to left side, scuff right forward.  
5-6 Cross right over left, step back left  
7&8 Kick right forward, step left next to right, step left in place
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