

Heartbreak Overload

Count: 32

Wall: 4

Level: Improver

Choreographer: Mick Herbert (UK)

Music: Heartbreak Overload - The Bellamy Brothers



SIDE, BEHIND, SIDE SHUFFLE RIGHT, CROSS ROCK, TRIPLE ½ TURN LEFT

- 1-2 Step right to right side, step left behind right.
3&4 Step right to right side, close left next to right, step right to right side
5-6 Cross rock left over right, rock weight back onto right
7&8 Triple step ½ turn left - stepping left, right, left

POINT STEP TWICE, ROCK STEP, COASTER STEP

- 9-10 Point right to right side, step forward right
11-12 Point left to left side, step forward left
13-14 Rock forward on right, rock back on left
15&16 Step back right, step left beside right, step forward right

PIVOT ½ TURN, HOOK, SHUFFLE, HEEL SWITCHES & CLAPS

- 17-18 Step forward left, pivot ½ turn right while hooking right across left
19&20 Step forward right, close left beside right, step forward right
21&22 Touch left heel forward, step left next to right, touch right heel forward
&23 Step right next to left, touch left heel forward
&24 (With left heel still touching forward), clap hands twice

SAILOR STEP, KICK & TOUCH, ¼ TURN ROCK, COASTER STEP

- 25&26 Step left behind right, step right to right side, step left in place
27&28 Kick right forward, step right next to left, touch left to left side
29-30 Pivot ¼ turn left (taking weight on left), rock back on right
31&32 Step back left, step right beside left, step forward left

REPEAT

BRIDGE

During 4th wall, dance up to count 16, then add bridge. Restart dance from beginning (count 1). You will be facing ¼ left of home wall (9:00) when you dance the bridge.

JAZZ BOX WITH SCUFF, CROSS, BACK, KICK BALL CHANGE

- 1-2 Cross left over right, step back right
3-4 Step left to left side, scuff right forward.
5-6 Cross right over left, step back left
7&8 Kick right forward, step left next to right, step left in place
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