Hazard To Your Health



Count: 64 Wall: 4 Level: Intermediate/Advanced

Choreographer: Seth Lilly

Music: Heartbreaker - Danity Kane



SLIDE, STEP, KICK, CROSS, COASTER, STEP 1/4, SAILOR 1/4

1-2 Slide right to right side, step left next to right

3&4 Kick right forward, step right over left, step left back

&5-6 Step right next to left, step left forward, step right to right side

7&8 Turn ¼ left and step left behind right, step right beside left, turn ¼ left and step left forward

(6:00)

SCUFF, STEP, DRAG, ROCK AND CROSS, STEP 1/4, STEP 1/2, SWEEP 1/2, SAILOR

&1-2 Scuff right forward, step right to right side (toe turned out), drag and step left next to right

3&4 Turn ¼ right and rock right to right side, recover on left, cross right over left

5-6-7 Turn ½ left and step left forward, turn ½ left and step back on right, turn ½ left and rondé left

foot from front to back

Sweeping left foot around on that last ½ turn

Step left behind right, step right beside left, step left to left side

LOOK, SYNCOPATED JAZZ 1/4, SAILOR, STEP, SAILOR

2 Look to right side

3&4 Cross right over left, step back on left, turn ¼ right and step forward on right (9:00)

5&6 Step left behind right, step right beside left, step left to left side

7 Step right out to right side

Step left behind right, step right beside left, step left to left side

STEP, SAILOR 1/4, WALK, STEP, STEP, DRAG 1/2

2 Step forward on right

Step left behind right, turn ¼ left and step right beside left, step left to side (6:00)

Walk forward on right to left diagonal, step left next to right centering at 6:00 wall

7-8 Step back on right, turn ½ right and step left next to right (12:00)

ROCK, RECOVER, STEP ½, SAILOR, CROSS ¼, COASTER ¼

1-2 Rock right to right side, recover on left 3 Turn ½ and step side right (6:00)

4&5 Step left behind right, step right beside left, step left to left side

6 Turn ¼ right and cross right over left (9:00)

7&8 Turn ¼ right and step back on left, step right beside left, step left forward (12:00)

SKATE, SKATE, STEP, SAILOR 1/4, CROSS, STEP 1/4, STEP 1/4, STEP

1-2-3 Skate forward on right, skate forward on left, step forward on right

4&5 Step left behind right, step right beside left, turn ¼ right and step left forward (9:00)

6 Cross right over left

7&8 Turn ¼ right and step left back, step right out to right, turn ¼ right and step left forward to

right diagonal (3:00)

ROCK, RECOVER, HITCH, OUT, OUT, IN, CROSS, STEP, SAILOR 1/4, WALK

1&2 Rock right forward, recover on left, hitch right and look to right side

&3 Step right out to right side, step left out to left side

&4-5 Step right back in place, cross left over right, step back on right (3:00)

Step left behind right, step right beside left, turn ¼ left and step left forward (12:00)

Walk forward on right

WALK, WALK, HITCH ½, SHUFFLE ½, STEP, PIVOT ½, STEP, STEP ¼, STEP ½ CROSS

1-2 Walk forward on left, walk forward on right

&3&4 Turn ½ left and hitch left, shuffle turn ½ left stepping left, right, left (12:00)

5-6 Step right forward, turn ½ to left (weight to left) (6:00)

7&8& Step forward on right, turn ¼ right and step left out to left side, turn ½ right and step right out

to right side, cross left over right

REPEAT

8

RESTART

Restart on 2nd wall after 32 counts