

# Hay

Count: 48

Wall: 4

Level: Improver

Choreographer: Duncan Taylor (CAN)

Music: I'm from the Country - Tracy Byrd



## ELECTRIC SLIDE RIGHT & LEFT SLIDE

- 1&2 Step right to right side, step left to right, step right to right,  
&3-4 Step left to right, step right to right, touch left to right (clap optional)  
5&6 Step left to left side, step right to left, step left to left,  
&7-8 Step right to left, step left to left, touch right to left (clap optional)

## HAT DANCE & HIP BUMPS

- 9&10 Touch right heel forward, step home right, touch left heel forward,  
&11-12 Step home left, touch right heel forward, clap.  
13-16 Bump hips 2 times to the right, bump hips 2 times to the left (weight on left)

## SHUFFLES FORWARD & STEP PIVOTS

- 17&18 Shuffle forward right-left-right  
19-20 Step forward left, ½ pivot right  
21&22 Shuffle forward left-right-left  
23-24 Step forward right, ¼ pivot left

## KICK BALL CHANGE, STEP FORWARD, HOLD

- 25&26 Kick right foot forward, quickly step ball of right home, shift weight to left foot,  
27-28 Step forward right, hold & clap  
29&30 Kick left foot forward, quickly step ball of left home, shift weight to right foot  
31-32 Step forward left, hold & clap

## SIDE SHUFFLES & ROCK STEPS

- 33&34 Shuffle side right-left-right  
35-36 Rock back left, right in place  
37&38 Shuffle side left-right-left  
39-40 Rock back right, left in place

## STEP TOUCHES, STEP HITCH

- 41-42 Step right foot forward 45 to right, touch left to right (clap)  
43-44 Step left foot back 45 to left, hitch right (clap)  
45-46 Step right foot back 45 to right, touch left to right (clap)  
47-48 Step left foot forward 45 to left, hitch right (clap)

## REPEAT

Because of the phrasing of the music, repeat the last 8 counts of the dance at the end of wall 7.