

# Heat Me Up

Count: 0

Wall: 2

Level: Intermediate

Choreographer: Norman Dery (CAN)

Music: Heat Me Up - B.Z.N.



Sequence: ABC, AA, BB, D, ABC, AA, BB, DE, DE, B, TAG

## PART A

1&2 Left foot forward, right x behind left foot, left foot forward  
3&4 Right foot forward, left foot x behind right foot, right foot forward  
5-6-7-8 Left foot forward 1/8 turn left, right foot to right side 1/8 turn left, left foot forward ¼ turn left, right foot next to left foot

1&2 Left foot forward, right x behind left foot, left foot forward  
3&4 Right foot forward, left foot x behind right foot, right foot forward  
5-6-7-8 Left foot forward 1/8 turn left, right foot to right side 1/8 turn left, left foot forward ¼ turn left, right foot next to left foot

## PART B

1&2 Left foot to left side, right foot next to left, left foot in place  
3&4 Right foot to right side, left foot next to right, right foot in place  
5-6-7-8 Left foot forward, right foot in place, left foot rear, right foot next to left

## PART C

1&2 Left foot to left side, right foot next to left, left foot in place  
3&4 Right foot to right side, left foot next to right, right foot in place  
5-6-7-8 Left foot forward, right foot in place, left foot rear, right foot next to left

1&2 Left foot forward 1/8 turn left, right foot to right side, left foot forward 1/8 turn left  
&3& Right foot to right side, left foot forward 1/8 turn left, right foot to right side  
4-5& Left foot forward 1/8 turn left, right foot kick forward, right foot next to left  
6-7-8 Left foot in place, right foot to right side, right foot in place

1&2 Left foot forward 1/8 turn left, right foot to right side, left foot forward 1/8 turn left  
&3& Right foot to right side, left foot forward 1/8 turn left, right foot to right side  
4-5& Left foot forward 1/8 turn left, right foot kick forward, right foot next to left  
6-7-8 Left foot in place, right foot to right side, right foot in place

## PART D

1&2 Left foot forward, right foot to right side, left foot in place  
3&4 Right foot forward, left foot to left side, right foot in place  
5&6 Left foot forward, right foot to right side, left foot in place  
7&8 Right foot forward, left foot forward, right foot in place ½ turn right

## PART E

1&2 Left foot forward, right foot to right side, left foot in place  
3&4 Right foot forward, left foot to left side, right foot in place  
5-6-7-8 Left foot forward, right foot next to left, left foot rear, right foot next to left foot

## TAG

1&2-3-4 Left foot to left side, right foot next to left, left foot in place, right foot to right side, left foot next to right, right foot in place ½ turn left

**FINALE**

**On count 56, don't turn left. Just point right foot to right side**

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