

# Holdin' On

Count: 66

Wall: 4

Level:

Choreographer: Lisa Thunstrom (AUS)

Music: Unknown



- 1&2 Right kick-ball-change  
3-4 Stomp right forward, clap  
5-6 Stomp left on spot turning  $\frac{1}{4}$  to the left, clap  
7-8 Stomp right together, clap
- 9&10 Step right to side, step left together, step right to side  
&11-12 Step left together, step right to side, hinge  $\frac{1}{2}$  to the left on ball off right stepping left to side  
13-14 Recover onto right, rock left behind right  
15-16 Recover onto right, step left to side
- 17-18 Bump hips left, right  
19-20 Bump hips left, right  
21&22 Left sailor step crossing left behind right, step right next left, step left back to center  
23-24 Step right across left, pivot  $\frac{3}{4}$  to the left
- 25&26 Shuffle forward right, left, right  
27&28 Shuffle forward left, right, left  
29-30 Right Monterey turn touching right toe to side, pivot  $\frac{1}{2}$  to the right on ball of left dragging right together  
31-32 Touch left toe to side, step left together
- 33-34 Step forward diagonally right on right, bring left together & clap  
35-36 Step back diagonally left on left, bring right together and clap  
37-38 Turning  $\frac{1}{4}$  to the right step forward diagonally right on right, step left together & clap  
39-40 Step back diagonally left on left, step right together & clap
- 41&42 Right kick-ball-change  
43&44 Right kick-ball-change  
&45 Left heel-jack jumping back on right diagonally right, place left heel forward diagonally left  
&46 Jump forward on left, step right together  
47-48 Step left toe to side, bring heel down
- 49-50 Step right toe together, bring heel down  
51-52 Step left toe to side, bring heel down  
53-54 Step right toe on spot, bring heel down  
55-56 Step left toe together, bring heel down
- 57-58 Stomp right next to left, stomp left next to right  
59-60 Jump feet apart, jump right across left & left behind right  
61-62 Unwind  $\frac{1}{2}$  to the left, jump forward slightly landing on both feet but taking weight on left  
63-64 Kick right diagonally across in front of left, hinge knee up (or double kick)
- &65-66 Stomp back slightly on right, stomp left slightly forward, hold

## REPEAT

There is a break in the song at count 57. At that point stomp right on the spot & then hold until the music

restarts & continue dance with jump apart & across leaving out second stomp

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