

# Holding Back The Ocean

COPPER KNOB  
BY STEPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Susanne Mose Nielsen (DK)

Music: Holding Back the Ocean - Rockie Lynne



## SIDE ROCK, CROSS SHUFFLE, VINE LEFT, CROSS

1-2 Step right to right side, recover on left

3&4 Cross right over left, step left to left, step right over left

5-8 Step left to left, step right behind left, step left to left, cross right over left

Options: instead of vine: step left to left, step right next to left, step left to left, step right next to left

## SIDE ROCK, CROSS SHUFFLE, VINE RIGHT, CROSS

9-10 Step left to left side, recover on right

11&12 Cross left over right, step right to right, step left over right

13-16 Step right to right, step left behind right. Step right to right, step left over right

Options: instead of vine: step right to right, step left next to right, step right to right, step left next to right

On wall 5, restart dance from the beginning at this point

## ROCKING CHAIR, PIVOT ½ TURN LEFT, TRIPLE ½ TURN LEFT

17-18 Rock forward on right, recover on left

19-20 Rock back on right, recover on left

On wall 10, restart dance from the beginning at this point

21-22 Step forward on right, pivot ½ turn left

23&24 Triple ½ turn left on right, left, right

## WALK BACK LEFT, RIGHT, COASTER STEP BACK, PADDLE TURN 1/8 TWICE

25-26 Walk backwards left, right

27&28 Step back on left, step right next to left, step forward on left

29-30 Step forward on right, turn 1/8 turn left, weight on left

31-32 Repeat 29-30

## REPEAT

## RESTART

Restart during 5th wall after count 24, and during 10th wall after count 28

## ENDING

Starting the dance the 13th time (facing 6:00) dance to count 16 & pivot ½ turn left, step forward on right, arms up

No restarts for Sleeping On The Foldout