

# Hipnotized

**COPPER KNOB**  
BY STEPHEN HETS

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Seth Lilly

Music: Hips Don't Lie - Shakira



## TOUCH CROSS X4

- 1-2 Touch right toe out to right side, cross right over left
- 3-4 Touch left toe out to left side, cross left over right
- 5-6 Touch right toe out to right side, cross right over left
- 7-8 Touch left toe out to left side, cross left over right

## RIGHT ¼ TURN JAZZ BOX, RIGHT STEP LOCK, ¼ TURN RIGHT, LEFT STEP

- 1-2 Cross right foot over left, step back on left
- 3-4 Make ¼ turn right stepping on right, step left next to right
- 5-6 Step right foot forward, step left behind right
- 7-8 Make ¼ turn right stepping on right, step left next to right

## ½ TURN HITCH, COASTER STEP, RIGHT STEP LOCK, STEP, TOUCH

- 1-2 Make ½ turn stepping on right, hitch left knee
- 3&4 Step back on left, step back on right, step forward on left
- 5-6 Step right foot forward, step left behind right
- 7-8 Step right forward slightly, touch left toe diagonally

## HIP ROLLS, ¾ TURN, COASTER STEP

- 1&2 Roll hips to the left while shifting weight to left
- 3&4 Roll hips to the right while shifting weight to right
- 5-6 Step on left foot, turn ¾ left stepping on right
- 7&8 Step back on left, step back on right, step forward on left

## CROSS, ½ TURN, SHUFFLE, SHOULDER SWING, FULL TURN

- 1-2 Cross right foot over left, turn ¼ turn to right stepping back on left
- 3&4 Turn ¼ right stepping on right, step left next to right, step right to right side
- 5-6 Swing shoulders right, swing shoulders left
- 7-8 Touch right foot behind left and unwind full turn to the right with weight ending on left foot

## MAMBOS

- 1&2 Mambo right foot forward
- 3&4 Mambo left foot backward
- 5&6 Mambo right foot forward
- 7&8 Mambo left foot backward

## WALK, SWING HIPS, WALK, ¼ TURN ¼ TURN

- 1-2 Step right forward, touch left diagonally
- 3&4 Swing hips left, right, left
- 5-6 Step right forward, step left forward
- 7-8 ¼ turn stepping on right, ¼ turn stepping on left

## HITCH STEPS FORWARD, STEP HITCH BACKWARD

- 1&2 Hitch right knee, step forward on right, hitch left knee
- &3&4 Step forward on left, hitch right knee, step forward on right, hitch left knee
- 5&6 Step back on left, hitch right knee, step back on right

&7&8 Hitch left knee, step back on left, hitch right knee, touch right diagonally behind

**REPEAT**

**RESTART**

**On wall 3, dance to count 16 then restart from beginning**

**On wall 6, dance to count 20 then restart from beginning**

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