

# Highway Of Life

**COPPER KNOB**  
STEPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Letha Blackford (USA)

Music: Life Is a Highway - Rascal Flatts



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## HEEL, HITCH, HEEL, LEFT COASTER STEP, HEEL, HITCH, HEEL, RIGHT COASTER STEP

- 1&2 Touch left heel forward, hitch left knee, touch left heel forward  
3&4 Step left foot back, step right foot back next to left, step left foot forward  
5&6 Touch right heel forward, hitch right knee, touch right heel forward  
7&8 Step right foot back, step left foot back next to left, step right foot forward

## LEFT SHUFFLE, RIGHT SHUFFLE, ½ TURN RIGHT, LEFT SHUFFLE

- 1&2 Step left foot forward, right together with left, step left foot forward  
3&4 Step right foot forward, left together with right, step right foot forward  
5-6 Step left foot forward, make ½ turn right (weight on right)  
7&8 Step left foot forward, right together with left, step left foot forward

## ¼ TURN LEFT, RIGHT SAILOR, LEFT SAILOR, STAMP, STAMP

- 1-2 Step right foot forward, make ¼ turn left (weight on left)  
3&4 Step right foot behind left, left to left, right beside left  
5&6 Step left foot behind right, right to right, left beside right  
7-8 Stamp right foot twice (stomp right foot, raise right foot, stomp right foot, raise right foot)

## RIGHT KICK BALL CHANGE, RIGHT KICK BALL CHANGE, WALK BACK- RIGHT, LEFT, RIGHT, TOUCH RIGHT

- 1&2 Kick right foot forward, step right foot next to left, step left foot next to right 3&4 kick right foot forward, step right foot next to left, step left foot next to right  
5-6 Walk back right, walk back left  
7-8 Walk back right, touch left next to right

## REPEAT

## TAG

### End of wall 7

- 1-2 Bump hips to the left  
3-4 Bump hips to the right
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