

I Feel Better

COPPER KNOB
STEPPERS

Count: 0

Wall: 4

Level:

Choreographer: Lars Soderstrom (SWE)

Music: I Feel Better (Since You're Gone) - Jim Stringer & The AM Band



Sequence: AAAA, BB

PART A

SHUFFLE, KICK, TOUCH, TURN, STOMP, SHUFFLE

- 1&2 Step forward right, close left beside right, step forward right
- 3 Kick left foot forward
- 4 Touch left foot back
- 5 Make half turn left
- 6 Stomp right beside left
- 7&8 Step forward left, close right beside left, step forward left
- 9-16 Repeat

FULL TURN RIGHT, SHUFFLE, FULL TURN LEFT, SHUFFLE

- 17 Step right foot to right and making ½ turn right
- 18 Step left foot to left making ½ turn right, completing full turn
- 19&20 Step right foot right, close left beside right, step right foot right
- 21 Step left foot to left and making ½ turn left
- 22 Step right foot to right making ½ turn left, completing full turn
- 23&24 Step left foot left, close right beside left, step left foot left

RIGHT HEEL BALL CROSS TWICE, KICK, KICK, SAILOR ¼ TURN

- 25 Touch right heel diagonally forward
- &26 Step back on ball of right. Cross left over right
- 27 Touch right heel diagonally forward
- &28 Step back on ball of right. Cross left over right
- 29-30 Kick right forward. Kick right to right diagonal.
- 31&32 Cross right behind left. Step left to left side with ¼ turn right. Touch right beside left

PART B

KICK WALK TWICE, KICK TWICE, COASTER STEP

- 1 Left foot kick forward
- 2 Left foot step forward
- 3 Right foot kick forward
- 4 Right foot step forward
- 5-6 Left foot kick forward twice
- 7 Left foot step back
- & Right foot step back
- 8 Left foot forward

ROCK STEP, WEAVE LEFT, ½ TURN

- 9 Rock right foot to right side
- 10 Recover weight onto left foot
- 11 Right foot cross behind left
- 12 Left foot left side
- 13 Right foot cross in front of left
- 14 ¼ turn right with left foot

- 15 ¼ turn right with right foot, completing ½ turn
16 Left foot step beside right with weight
17-24 Repeat step 9-16

TOUCH HITCH, TOUCH TOGETHER

- 25 Touch right foot to right side, arms out and snap fingers
26 Hitch right knee in front of left leg, arms cross in front of chest snap fingers
27 Touch right foot to right side, arms out and snap fingers
28 Right foot beside left foot, clap
29-32 Repeat 25-28 with left foot

KICK, TOUCH, ¼ TURN, MOONWALK TWICE, COASTER STEP

- 33 Kick right foot forward
34 Touch right toe diagonally back right
35 ¼ turn right
36 Hold and clap
37 Moonwalk back right
38 Moonwalk back left
39 Right foot back
& Left beside right
40 Right foot step forward

On moonwalk point your thumbs over your shoulders, twice

If you do not have the original music, you can dance Part B to any music.
