

# Hurt Train

Count: 32

Wall: 4

Level: Improver west coast swing

Choreographer: Ingemar Kardeskog (SWE)

Music: Hurt Train - Brooks & Dunn



## WALK, WALK, ANCHOR STEP, ANCHOR STEP, SAILOR ¼ TURN RIGHT

- 1-2 Walk right forward, walk left forward  
3&4 Step right behind left, step left in place, step right back  
5&6 Step left behind right, step right in place, step left back  
7&8 Sweep right behind left turning ¼ right, step left in place, step right slightly forward

**Tag 2 will appear here on 6th wall, then continue from count 9**

## ROCK, RECOVER, TRIPLE ¾ TURN LEFT, SIDE, RECOVER, BEHIND & SIDE, CROSS

- 1-2 Rock left forward, recover to right  
3&4 Triple step ¾ turn left - stepping left, right, left  
5-6 Rock right to right side, recover to left  
7&8 Step right behind left, step left to left side, cross right over left

## STEP, TOUCH BACK, UNWIND ½ RIGHT, TURN ½ RIGHT, & CROSS, RECOVER, & CROSS, RECOVER

- 1-2 Step left forward, touch right behind left  
3-4 Turn ½ right taking weight on right, turn ½ right stepping left back  
&5-6 Step right beside left, cross left over right, recover to right  
&7-8 Step left to left side, cross right over left, recover to left

## & SIDE, STEP ½ TURN RIGHT, CHASSE ¼ TURN RIGHT, BACK, ROCK, KICK BALL STEP

- &1-2 Step right to right side, step left forward, turn ½ right stepping right forward  
3&4 Turn ¼ left stepping left to left side, step right beside left, step left to left side  
5-6 Rock right behind left, recover to left  
7&8 Kick right forward, step ball of right beside left, step left forward

## REPEAT

### TAG 1

**After 2nd wall, make 2 step ½ turns and start from the beginning**

- 1-2 Step right forward, turn ½ left stepping left forward  
3-4 Step right forward, turn ½ left stepping left forward

### TAG 2

**On 6th wall, dance section 1, make back rock and continue from section 2**

- 1-2 Step left behind right, recover to right