

How Sweet It Is

COPPER KNOB
BY STEPHEN METELNICK

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Peter Metelnick (UK) & Alison Metelnick (UK)

Music: How Sweet It Is (To Be Loved By You) - James Taylor



RIGHT FORWARD ROCK & RECOVER, ½ RIGHT SWEEP INTO RIGHT COASTER STEP, LEFT FORWARD ROCK & RECOVER, LEFT COASTER STEP

- 1-2 Rock right forward, recover weight on left
& Start sweeping right foot ½ right
3&4 Step right back, step left together, step right forward
5-6 Rock left forward, recover weight on right
7&8 Step left back, step right together, step left forward

RIGHT SIDE STEP & SWAY RIGHT & LEFT, FULL TURN LEFT, SYNCOPATED HEEL JACK, WEAVE RIGHT 2

- 1-2 Stepping right to right side sway right, sway left (weight ends on left)
3-4 Turning ½ left step right to right side, turning ½ left step left to left side

Non turning option for 3-4: step right together, step left to left side

- 5&6& Cross step right over left, step left back, touch right heel forward, step right back
7-8 Cross step left over right, step right to right side

½ LEFT & LEFT TO LEFT SIDE, HOLD, SYNCOPATED HEEL JACK, LEFT CROSS STEP, ¼ LEFT & RIGHT BACK LEFT COASTER STEP

- 1-2 Turning ½ left step left to left side, hold
3&4& Cross step right over left, step left back, touch right heel forward, step right back
5-6 Cross step left over right, turning ¼ left step right back
7&8 Step left back, step right together, step left forward

RIGHT FORWARD, LEFT SIDE TOUCH, HOLD, STEP LEFT TOGETHER, RIGHT SIDE TOUCH, RIGHT & LEFT SAILOR STEPS

- 1-3 Step right forward, touch left to left side, hold
&4 Step left together, touch right to right side
5&6 Cross step right behind left, step left to left side, step right to right
7&8 Cross step left behind right, step right to right, step left to left

REPEAT
