

# I Need A Break

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Allan Watson (AUS) & Ashleigh Watson (AUS)

**Music:** I Need A Break - Noah Gordon



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## KICKS RIGHT TWICE, KICKS LEFT TWICE WITH CHA-CHA

- 1-2 Kick right over left, kick right to side
- 3&4 Cha-cha in place right, left, right
- 5-6 Kick left over right, kick left to side
- 7&8 Cha-cha in place left, right, left

## HIP BUMPS TWICE

- 1&2 Two hips forward on right
- 3&4 Two hips back on left

## SHUFFLES TWICE LEFT AND RIGHT

- 1&2 Shuffle forward right, left, right
- 3&4 Shuffle forward left, right, left

## VINE RIGHT AND VINE LEFT WITH ¼ TURN

- 1&2 Step right to side, step left behind right
- 3&4 Step right to side, touch left beside right
- 5&6 Step left to side, step right behind left
- 7&8 Step left to side turning ¼ turn left, bring right together

## ROCK FORWARD, TURNING RIGHT WITH CHA-CHA

- 1&2 Rock forward on right, return weight on left turning ½ on right
- 3&4 Cha-cha right, left, right

## ROCK FORWARD, TURNING LEFT WITH CHA-CHA

- 1&2 Rock forward on left, return weight on right turning ½ on left
- 3&4 Cha-cha left, right, left

## REPEAT

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