

I Need A Break

Count: 32

Wall: 4

Level: Beginner

Choreographer: Allan Watson (AUS) & Ashleigh Watson (AUS)

Music: I Need A Break - Noah Gordon



KICKS RIGHT TWICE, KICKS LEFT TWICE WITH CHA-CHA

- 1-2 Kick right over left, kick right to side
- 3&4 Cha-cha in place right, left, right
- 5-6 Kick left over right, kick left to side
- 7&8 Cha-cha in place left, right, left

HIP BUMPS TWICE

- 1&2 Two hips forward on right
- 3&4 Two hips back on left

SHUFFLES TWICE LEFT AND RIGHT

- 1&2 Shuffle forward right, left, right
- 3&4 Shuffle forward left, right, left

VINE RIGHT AND VINE LEFT WITH ¼ TURN

- 1&2 Step right to side, step left behind right
- 3&4 Step right to side, touch left beside right
- 5&6 Step left to side, step right behind left
- 7&8 Step left to side turning ¼ turn left, bring right together

ROCK FORWARD, TURNING RIGHT WITH CHA-CHA

- 1&2 Rock forward on right, return weight on left turning ½ on right
- 3&4 Cha-cha right, left, right

ROCK FORWARD, TURNING LEFT WITH CHA-CHA

- 1&2 Rock forward on left, return weight on right turning ½ on left
- 3&4 Cha-cha left, right, left

REPEAT
