

# I Got The Cure

**COPPER KNOB**  
STEPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Tom West (CAN)

Music: Get Up - Doc Walker



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## SIDE SHUFFLE RIGHT, ROCK BACK, RECOVER, STEP, POINT, STEP, POINT

- 1&2 Shuffle right (right-left-right)
- 3-4 Rock back on left, recover on right
- 5-6 Step left on left, point right toe in front of left
- 7-8 Step right on right, point left toe in front of right

## SIDE SHUFFLE LEFT, ROCK BACK, RECOVER, STEP, POINT, STEP, POINT

- 9&10 Shuffle left (left-right-left)
- 11-12 Rock back on right, recover on left
- 13-14 Step right on right, point left toe in front of right
- 15-16 Step left on left, point right toe in front of left

## ½ TURN RIGHT SHUFFLE, ROCK FORWARD AND BACK, ¼ TURN

- 17&18 ½ turn shuffle right (right-left-right) (6:00)
- 19-20 Rock forward on left, recover on right
- 21-22 Rock back on left, recover on right
- 23-24 Step ¼ turn right on left, step right behind left (3:00)

## ¼ TURN LEFT SHUFFLE, ROCK FORWARD AND BACK, ¼ TURN

- 25&26 ¼ turn shuffle left (left-right-left) (6:00)
- 27-28 Rock forward on right, recover on left
- 29-30 Rock back on right, recover on left
- 31-32 Step ¼ turn left on right, step left behind right (9:00)

## REPEAT

## RESTART

If using get up music, at the end of the second time through the dance (facing 6:00) there is a 4 count break. Hold position for this 4 count. Doc is singing "I got the cure, take some of mine". You could sing this also. Then restart from beginning

## ENDING

As the music fades out you will be completing steps 17&18 returning to the 12:00 wall. Step forward on, scuff/kick right forward

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