

# I'm Slowly Losing My Mind (P)

**COPPER** **KNOB**  
BY STEPHANETS

Count: 24

Wall: 0

Level: Partner

Choreographer: Tonny van Donk (NL)

Music: Losing My Mind - Scooter Lee



**Position: Sweetheart Right side by side**

## **BOTH: ROCKING CHAIR**

- 1-2 Rock right forward, replace weight back on left foot  
3-4 Rock right backward, replace weight back on left foot

## **STEP FORWARD, SLIDE, STEP FORWARD, TOUCH/½ TURN RIGHT**

- 5-6 **MAN:** Step right forward, slide left beside right  
**LADY:** Step right forward, slide left beside right

## **Drop right hands**

- 7-8 **MAN:** Step right forward, ½ turn to the right on ball of right foot  
**LADY:** Step right forward, touch left heel forward

## **STEP BACK/STEP FORWARD, TOE TOUCH BACKWARD/HEEL TOUCH FORWARD**

- 1-2 **MAN:** Step left backward, step right backward  
**LADY:** Step left forward, step right forward  
3-4 **MAN:** Step left backward, touch right toe backward  
**LADY:** Step left forward, touch right heel forward

## **½ TURN/STEP IN PLACE, TRIPLE IN PLACE**

- 5-6 **MAN:** Step right ¼ turn left, step left ¼ turn left  
**LADY:** Step right in place, step left in place  
7-8 **BOTH:** Triple in place stepping right-left-right

## **BOTH:**

### **SHUFFLE FORWARD**

- 1&2 Shuffle forward stepping left-right-left  
3&4 Shuffle forward stepping right-left-right

## **SHUFFLE FORWARD, KICK BALL CHANGE/TURNING TRIPLE**

- 5&6 **BOTH:** Shuffle forward stepping left-right-left  
7&8 **MAN:** Right kick ball change  
**LADY:** Turning triple to the left stepping right 1/3 turn left, left 1/3 turn left, right 1/3 turn left

## **REPLACE**

- & **LADY:** Replace weight back on left foot

## **REPEAT**