

I'll Stand By You

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Peter Metelnick (UK) & Alison Metelnick (UK)

Music: I'll Stand By You - Girls Aloud



RIGHT BOX, LEFT TRIPLE TURNING ¼ LEFT, ¼ LEFT & RIGHT BOX, LEFT TRIPLE TURNING ¼ LEFT

- 1&2 Step right to right side, step left together, step right back
3&4 Step left to left side, step right together, turning ¼ left step left forward
5&6 Turning ¼ left step right to right side, step left together, step right back
7&8 Step left to left side, step right together, turning ¼ left step left forward

¾ LEFT TURN, RIGHT CROSS STEP, STEP LEFT, RIGHT ROCK BACK & RECOVER, STEP RIGHT, LEFT ROCK BACK & RECOVER, ¼ LEFT & LEFT FORWARD

- 1&2 Turning ¼ left step right to right side, turning ½ left step left to left side, cross step right over left
&3&4 Step left to left side, rock right back, recover weight on left, step right to right side
5&6 Rock left back, recover weight on right, turning ¼ left step left forward
7&8 Step right forward, pivot ½ left, step right forward

LEFT SIDE ROCK & RECOVER, LEFT CROSS STEP, RIGHT SWEEP INTO LEFT SYNCOPATED WEAVE, RIGHT CROSS ROCK & RECOVER, STEP RIGHT, LEFT CROSS ROCK & RECOVER, ¼ LEFT & LEFT TO SIDE

- 1&2 Rock left to left side, recover weight on right, cross step left over right
&3&4 Sweep right over left, cross step right over left, step left to left side, cross step right behind left
& Step left to left side
5&6 Cross rock right over left, recover weight on left, step right to right side
7&8 Cross rock left over right, recover weight on right, turning ¼ left step left to left side

RIGHT CROSS ROCK & RECOVER, STEP RIGHT, LEFT CROSS ROCK & RECOVER, ¼ LEFT & LEFT FORWARD, RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT FORWARD STEP LOCK STEP, LEFT FORWARD STEP LOCK STEP

- 1&2 Cross rock right over left, recover weight on left, step right to right side
3&4 Cross rock left over right, recover weight on right, turning ¼ left step left forward
5& Step right forward, pivot ½ left
6&7 Step right forward, lock left behind right, step right forward
&8& Step left forward, lock right behind left, step left forward

REPEAT

TAG

On 5th wall (which starts facing front wall) add the following 4 steps after count 24

- 1-4 Step right forward, pivot ½ left, step right forward, step left forward

Restart the dance from count 1. (you will be facing front wall)