

# Israelites

**Count:** 32

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Paulette Hylands (UK)

**Music:** Israelites - Desmond Dekker & The Aces



**Dance starts after 34 counts (not easy to count in, but you'll hear it)**

## **RIGHT POINT, HITCH, TOUCH, STEP, LEFT POINT, HITCH, TOUCH, STEP**

- 1-2 Point right toes to right side, hitch right while slightly hopping back on left
- 3-4 Point right toes across left (lean back), step right foot down
- 5-6 Point left toes to left side, hitch left while slightly hopping back on right
- 7-8 Point left toes across right (lean back), step left foot in front of right

## **JAMAICAN STYLE KNEE POPS, RIGHT HALF TURN SWIVEL WITH HEEL BOUNCES**

- 1-2 Bend over slightly and pop knees outwards, then inwards
- 3-4 Pop knees outwards, then inwards (this is done quite loosely with arms a-swingin')
- 5-6 On balls of feet swivel start swiveling  $\frac{1}{2}$  turn right (bounce heels & shoulders for 5, 6)
- 7-8 Finish swiveling right, drop heels (bounce heels & shoulders for 7, then drop for 8)

## **BACKWARDS TRAVELING TOUCH, STEPS**

- 1-2 Touch right toes to right, step right slightly back from this (sweeping motion)
- 3-4 Touch left toes to left, step left slightly back from this (sweeping motion)
- 5-6 Touch right toes to right, step right slightly back from this (sweeping motion)
- 7-8 Touch left toes to left, step left slightly back from this (sweeping motion)

## **$\frac{1}{4}$ TURNS WITH POINTS AND LEANS**

- 1-2 Step right foot  $\frac{1}{4}$  turn right, point left toes to left and lean back
- 3-4 Step left foot  $\frac{1}{4}$  turn right, point right toes forward and lean back
- 5-6 Step right foot  $\frac{1}{4}$  turn right, point left toes to left and lean back
- 7-8 Step left foot  $\frac{1}{4}$  turn right, touch right beside left

**REPEAT**

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