

# Impulse

**COPPER** KNOB  
BY STEPHEN

**Count:** 32

**Wall:** 2

**Level:** Improver

**Choreographer:** Lee Birks (UK) & Lisa Mooney (IRE)

**Music:** Horse To Mexico - Trini Triggs



## **LEFT KICK BALL CROSS, SIDE, RIGHT TURN, RIGHT KICK BALL CROSS, SIDE, HOLD**

- 1&2 Kick left diagonally forward left, step left beside right, cross right over left  
3-4 Step left to left side, turn body to right diagonal  
5&6 Kick right forward, step right beside left, cross left over right  
7-8 Step right to right side, hold

## **CROSS ROCK, CHASSE LEFT, CROSS, HOLD, SIDE STEP, CROSS, HOLD**

- 9-10 Cross rock left over right, rock back onto right  
11&12 Step left to left side, close right beside left, step left to left side  
13-14 Cross right over left, hold, cross, hold  
&15-16 Step left to left side, cross right over left, hold

## **HEEL GRIND ¼ TURN LEFT, COASTER STEP, SHUFFLE FORWARD, ROCK STEP**

- 17 Grind left heel to left side making ¼ turn left  
18 Take weight back onto right  
19&20 Step back left, step right beside left, step forward left  
21&22 Step forward right, close left beside right, step forward right  
23-24 Rock forward on left, rock back onto right

## **SHUFFLE ½ TURN LEFT TWICE, COASTER STEP, STEP ¼ PIVOT LEFT**

- 25&26 Shuffle ½ turn left, stepping - left, right, left  
27&28 Shuffle ½ turn left, stepping - right, left, right  
29&30 Step back left, step right beside left, step forward left  
31-32 Step forward right, pivot ¼ turn left, bending knees

**Weight ends on right with body angle to left diagonal to start dance again**

## **REPEAT**

## **BRIDGE**

When using 'Horse To Mexico' an 8 count bridge is added once, following the second repetition. Basically it is a repeat of the first 8 counts of the dance

## **KICK BALL CROSS, SIDE STEP, TURN, TWICE**

- 1&2 Kick left diagonally forward left, step left beside right, cross right over left  
3-4 Step left to left side, turn body to right diagonal  
5&6 Kick right forward, step right beside left, cross left over right  
7-8 Step right to right side, turn body to left diagonal