

# It's So True

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 2

**Level:** Improver

**Choreographer:** Helen Born (USA) & Nita Lindley (USA)

**Music:** The Truth About Men - Tracy Byrd



---

## **RIGHT KICK BALL CHANGE, STEP CROSS HOLD, LEFT KICK BALL CHANGE, STEP CROSS HOLD**

1&2-3-4 Kick right forward, step down on right, step left in place, cross right over left and hold  
5&6-7-8 Kick left forward, step down on left, step right in place, cross left over right and hold

## **RIGHT BACK SHUFFLE, LEFT BACK SHUFFLE, ROCK STEP, COASTER STEP**

1&2 Step right back, step left close to right, step right back  
3&4 Step left back, step right close to left, step left back  
5-6 Rock forward on right, recover on left  
7&8 Step right foot back, step left together, step right foot forward

## **STEP, BEHIND, ¼ STEP, ½ PIVOT, ¼ STEP, BEHIND, SIDE (FULL TURN 8 COUNT VINE)**

1-2 Step left to side right behind left  
3-4 Step left ¼ turn left, step forward on right  
5-6 Pivot ½ turn left, (weight on left) turn ¼ turn left and step right to side  
7-8 Step left behind right, step right to side, (completing whole turn)

## **½ PIVOT RIGHT, LEFT SHUFFLE, TOE STRUTS**

1-2 Step forward left, ½ turn right on ball of right foot  
3&4 Step left foot forward, step right next to left, step left foot forward  
5-6 Touch right toe forward, step down on right heel  
7-8 Touch left toe forward, step down on left heel

**REPEAT**

---