

# J.R. Two-Step (Just Right Two-Step)

## (P)

**COPPER KNOB**  
STEPSHEETS

Count: 60

Wall: 2

Level: Improver line/contra dance

Choreographer: Mike Salerno (USA)

Music: Meanwhile Back At The Ranch - Asleep At The Wheel



**Position: Contra lines with men on same side facing women across**

**Man's steps described, lady's step are mirror image. Dance consists of 10 sets of two-step basic steps (QQSS)**

### **TWO FORWARD TWO-STEP BASICS**

- 1 Step left foot forward (quick)
- 2 Step right foot beside left foot (quick)
- 3 Step left foot forward (slow)
- 4 Hold
- 5 Step right foot forward (slow)
- 6 Hold
- 7-12 Repeat steps 1-6 above

### **SIDE, CROSS TWO-STEP WITH A ¼ TURN, FORWARD BASIC**

- 13 Step left foot to left side (quick)
- 14 Cross/step right foot behind left (quick)
- 15 Step left foot to left side with a ¼ turn left (slow)
- 16 Hold
- 17 Step right foot forward (slow)
- 18 Hold
- 19-24 Repeat steps 1-6 above

### **CROSS, BACK TWO-STEP, SIDE, CROSS TWO-STEP WITH ¼ TURN, FORWARD BASIC**

- 25 Cross/step left foot in front of right foot (quick)
- 26 Step right foot backwards (quick)
- 27 Step left foot backwards (slow)
- 28 Hold
- 29 Step right foot backwards (slow)
- 30 Hold
- 31-42 Repeat steps 13-24 above

### **SIDE, CROSS TWO-STEP WITH A ½ TURN**

- 43 Step left foot to left side (quick)
- 44 Cross/step right foot behind left (quick)
- 45 Step left foot to left side with a ½ turn left (slow)
- 46 Hold
- 47 Step right foot to right side (slow)
- 48 Hold

### **FORWARD TWO-STEP BASIC, FREE SPINNING 1 ½ BASIC**

- 49-54 Repeat steps 1-6 above

**On step 54, prepare for free spin by rotating upper body opposite direction of spin to generate torque. Man turns to the right. Upper body prepares to the left. Woman opposite**

- 55 Pivot a ¼ turn to the right on left foot (quick)
- 56 Pivot a ½ turn to the right on right foot (quick)

57 Pivot a  $\frac{1}{2}$  turn to the right on left foot (slow)  
58 Hold  
59 Step right foot back with  $\frac{1}{4}$  turn (slow)  
60 Hold

**REPEAT**

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