

# Jills Cowboy Up

Count: 96

Wall: 4

Level: Intermediate

Choreographer: Anne Southway (UK)

Music: Cowboy Up - Jill Johnson



## CHASSE, UNWIND, ROCK, CROSS, SWAY TWICE

- 1&2 Step right to right side, close left next right, step right to right side  
3-4 Cross left foot behind right, unwind ½ turning left  
5&6 Rock right to right side, cross right foot in front of left  
7-8 Step left to left swaying hips left, sway hips right

## COASTER STEP, ROCK, COASTER STEP, UNWIND ½

- 1&2 Step back on left, step right next left, step forward on left  
3-4 Rock right to right side, recover to left  
5&6 Step back on right, step left next right, step forward on right  
7-8 Cross left foot behind right, unwind ½ turning left

## STEP KICK, COASTER STEP, WALK WALK, SAILOR TURN ½

- 1-2 Step forward on right, kick left foot forward  
3&4 Step back on left, step right next left, step forward on left  
5-6 Walk forward on right, walk forward on left  
7&8 Cross right behind left, step left to left side turning ½ right, step right to place

## WALK, WALK, KICK BALL CHANGE, WALK, WALK, WALK CLAP, CLAP

- 1-2 Walk forward on left, walk forward on right  
3-4 Kick left foot forward, step left beside right, step right in place  
5-6 Walk forward on left, walk forward on right  
7&8 Walk forward on left, clap hands twice

## CHASSE, UNWIND, CHASSE, UN-TURN

- 1&2 Step right to right side, close left next right, step right to right side  
3-4 Cross left foot behind right, unwind ½ turning left  
5&6 Step right to right side, close left next right, step right to right side  
7-8 Cross left foot behind right, unwind ½ turning left

## WALK, WALK, KICK BALL CHANGE, WALK, WALK, HOLD; CLAP; CLAP

- 1-2 Walk forward on right, walk forward on left  
3-4 Kick right foot forward, step right beside left, step left in place  
5-6 Walk forward on right, walk forward on left  
7-8 Hold for a beat, clap hands twice

## ROCK, RECOVER, BEHIND, SIDE, CROSS TWICE

- 1-2 Step right to right side, recover onto left in place  
3&4 Step right, behind left, step left to left side, step right across left foot  
5-6 Step left to left side, recover onto right in place  
7&8 Step left behind right, step right to right side, step left across right foot

## TOE TOUCHES TWICE, HEEL TWICE, TOE TWICE, PADDLE TURN, CLAP, CLAP

- 1& Touch right toe to left instep, step right foot next to left  
2& Touch left toe to right instep, step left foot next to right  
3& Touch right heel to front, step right foot beside left

- 4& Touch left heel to front, step left foot beside right
- 5& Touch right toe back, step right foot beside left
- 6& Touch left toe back, step left foot beside right
- 7&8 Step forward right, pivot  $\frac{1}{4}$  turn left, clap, clap

#### **ROCK, RECOVER, BEHIND, SIDE, CROSS TWICE**

- 1-2 Step right to right side, recover onto left in place
- 3&4 Step right, behind left, step left to left side, step right across left foot
- 5-6 Step left to left side, recover onto right in place
- 7&8 Step left behind right, step right to right side, step left across right foot

#### **TOE TOUCHES TWICE, HEEL TWICE, TOE TWICE, PADDLE TURN, CLAP, CLAP**

- 1& Touch right toe to left instep, step right foot next to left
- 2& Touch left toe to right instep, step left foot next to right
- 3& Touch right heel to front, step right foot beside left
- 4& Touch left heel to front, step left foot beside right
- 5& Touch right toe back, step right foot beside left
- 6& Touch left toe back, step left foot beside right
- 7&8 Step forward right, pivot  $\frac{1}{4}$  turn left, clap, clap

#### **CHASSE TO RIGHT, CHASSE TO LEFT, SHUFFLE $\frac{1}{2}$ TURN RIGHT, COASTER STEP**

- 1&2 Step right to right, close left next right, step right to right side
- 3&4 Step left to left, close right next left, step left to left side
- 5&6 Shuffle step  $\frac{1}{2}$  turn right, stepping- right, left, right
- 7&8 Step back on left, step right next left, step forward on left

#### **CHASSE TO RIGHT, CHASSE TO LEFT, SHUFFLE $\frac{1}{4}$ TURN RIGHT, COASTER STEP**

- 1&2 Step right to right, close left next right, step right to right side
- 3&4 Step left to left, close right next left, step left to left side
- 5&6 Shuffle step  $\frac{1}{4}$  turn right, stepping- right, left, right
- 7&8 Step back on left, step right next left, step forward on left

#### **REPEAT**

#### **TAG**

On wall 3, omit steps 41-48

On wall 4, omit steps 17-48

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