

Treated Bad

COPPERKNOB
BY STEPHEN

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Bracken Heidenreich (USA)

Music: Who's Been Sleeping In My Bed - Bro'Sis



Version Notes:

Using the Bro'Sis track, start the dance on the vocals and do the tag after the 1st wall

Using the Black Eyed Peas track, start the dance on 'We try to take it slow?' and do the tag after the 9th wall.

**CROSS, SIDE,
AND POINT,
1/2 TURN,
ROCK AND
CROSS, SIDE,
POINT, 1/4
TURN**

1, 2 Step R across (in front of) L, Step L to L side
& 3 Step R next to L, Point L to L side
4 Bring L foot in as you spin 1/2 turn to L, weight ends on L (monterey style turn)
5&6 Rock R to R side, Recover weight to L, Step R across (in front of) L
&7 Step L to L side, Point R to R side

8 Keeping weight on L, turn 1/4 R ending w/ R toe touched forward (R knee bent and slightly leaning back)

STEP, 1/4 SKATE, SKATE, CROSS AND HEEL, SYNCOPATED WEAVE LEFT W/ TOUCH

1 Step slightly forward putting weight on R
2 Making 1/4 turn L, skate L forward
3 Skate R forward
4&5 Step L across (in front of) R, Step R back to R diagonal, Touch L heel forward on L diagonal
&6&7&8 Step L to L side, Step R across (in front of) L, Step L to L side, Step R behind L, Step L to L side, Touch R next to L

ROLLING 1 1/4 TURN RIGHT W/ ARMS*, TOUCH BACK, TWIST 1/2 TURN, STEP

1 Making 1/4 turn R, step R forward
2 Making 1/2 turn R, step L back
3 Making 1/2 turn R, step R forward

4 Touch L next
to R bending
both knees
slightly
5 Touch L toe
back
6&7 Making 1/2
turn L, twist
both heels RLR
ending with
weight on R and
L toe forward
with L knee bent

8 Step L
forward

**Arms for
counts 1-4:
Count 1 ? R
arm straight to
R side (parallel
to floor) and L
arm bent with L
hand near
middle of chest
and L elbow
parallel to floor.
Count 2 ? Slide
L arm straight
out to L side
and R arm in to
chest with
elbow bent
(opposite of
Count 1). Count
3 ? Keeping
arms parallel to
floor, make a
1/2 circle in
front of your
body
(straightening R
arm to L
diagonal first) to
end up with
arms in the
same position
as Count 1.
Count 4 ? Arms
down (relaxed
dance
position).*

**WALK, WALK,
SHUFFLE
FORWARD,
PIVOT AND
STEP, 1/4
PADDLE, 3/4
PADDLE**

1,2 Walk
forward R, L
3&4 Shuffle
forward RLR
5&6 Step L
forward, Pivot
1/2 to R, Step L
forward
7 Making 1/4
turn L, point R
to R side
8 Making 3/4
turn L, point R
to R side

**TAG (See
Version Notes
above)**

1,2 Step R
across (in front
of) L, Step L
back
&3 Step R to R
side, Step L
across (in front
of) R
4 Tap R next to
L
