

# Your Body

Count: 48

Wall: 4

Level: Intermediate

Choreographer: Paul Foxall (UK)

Music: Your Body - Tom Novy



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- 1-4 Walk forward right, left, walk back right left  
5-8 Rock right to the right side, recover, rock right foot behind left, recover
- 1-4 Walk forward right, left, pivot ½ turn right on balls of both feet, turn ½ right stepping back on left  
5-8 Walk round 1 full turn right, left, right, left
- 1-2 Rock right foot to the right side, recover  
3&4 Step right behind left, step left to the left side, step right across left  
5-6 Stomp left foot to the left side, hold  
7-8 Swing hips left to right, slightly bending the knees (keep weight on left)
- 1&2 Right coaster step  
3-4 Step forward left, pivot ½ turn right  
5-6 Turn ½ right stepping back on left, hold  
7-8 Rock back on right, recover
- 1-2 Walk forward right, left  
&3-4 Rock right to right side turning ¼ of a turn to the left, cross right over left  
5-6 Stomp left to left side, hold  
&7-8 Step right next to left, step left to left side, step right next to left
- 1-2 Rock left to left side, recover  
3&4 Step left behind right, step right to right side, step left across right  
5-6 Rock right foot to right side, recover  
7-8 Rock right foot behind left, recover
- 1-2 Step right foot forward, pivot ½ turn left  
3-4 Step right foot forward, pivot ¼ turn left  
5-6 Step right across left, step left to left side  
7&8 Step right behind left, step left to left side, step right across left
- 1-2 Step left to left side, hold  
&3-4 Step right next to left, step left across right, step right to right side  
5-6 Touch left toe back, turn ½ turn left as you step on it  
7-8 Rock right to right side as you turn ¼ turn left, recover

**REPEAT**

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