

Young And Restless

COPPERKNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: DJ Dan (NL) & Wynette Miller (NL)

Music: The Best Years of Our Lives - Rodney Crowell



ROCK STEP & WALK, WALK; SHUFFLE FORWARD, STEP-½ PIVOT TURN

- 1-2 Rock right forward, recover weight onto left
- & Step on ball of right next to left
- 3-4 Step left forward, step right forward
- 5&6 Shuffle forward stepping left, right, left
- 7-8 Step right forward, pivot ½ turn left (6:00)

SIDE ROCK & CROSS, ¼ TURN; SHUFFLE BACK, BACK ROCK

- 1-2 Rock right to right side, recover weight onto left
- & Step on ball of right next to left
- 3-4 Cross left over right, make ¼ turn left step right back (3:00)
- 5&6 Shuffle back stepping left, right, left
- 7-8 Rock right back, recover weight onto left

HEEL-BALL-CROSS, CHASSE; BACK ROCK, HEEL-BALL-CROSS

- 1&2 Touch right heel forward, step on ball of right next to left, cross left over right
- 3&4 Step right to right side, step left next to right, step right to right side
- 5-6 Rock left back, recover weight onto right
- 7&8 Touch left heel forward, step on ball of left next to right, cross right over left

CHASSE, BACK ROCK; 2X STEP - ¼ PIVOT TURN

- 1&2 Step left to left side, step right next to left, step left to left side
- 3-4 Rock right back, recover weight onto left
- 5-6 Step right forward, pivot ¼ turn left (12:00)
- 7-8 Step right forward, pivot ¼ turn left (9:00)

REPEAT
