

You Are

COPPER KNOB
BY STEPHEN METZ

Count: 32

Wall: 2

Level: Improver

Choreographer: Claire Osborne (UK)

Music: You Are - Atomic Kitten



SIDE ROCK RIGHT, CROSSING SHUFFLE LEFT, SIDE ROCK LEFT, CROSSING SHUFFLE RIGHT

- 1-2 Rock to right, rock back onto left
- 3&4 Cross right over left, step left to left side, cross right over left
- 5-6 Rock to left, rock back onto right
- 7&8 Cross left over right, step right to right side, cross left over right

FORWARD RIGHT ROCK, BACK RIGHT SHUFFLE, BACK LEFT ROCK, FORWARD LEFT SHUFFLE

- 1-2 Rock forward on right, rock back on left
- 3&4 Step back right, close left beside right, step back right
- 5-6 Rock back on left, rock forward on right
- 7&8 Step forward left, close right beside left, step forward left

SIDE ROCK RIGHT, BEHIND, SIDE, CROSS, SIDE ROCK LEFT, BEHIND, SIDE, CROSS

- 1-2 Rock to right, rock back onto left
- 3&4 Cross right behind left, step left to left side, cross right over left
- 5-6 Rock to left, rock back onto right
- 7&8 Cross left behind right, step right to right side, cross left over right

FORWARD ROCK RIGHT, BACK RIGHT SHUFFLE, STEP ½ PIVOT, SIDE ROCK RIGHT

- 1-2 Rock forward on right, rock back on left
- 3&4 Step back right, close left beside right, step back right
- 5-6 Step back on left, pivot ½ turn left
- 7&8 Rock to right, rock back onto left

REPEAT
