

# Wings

Count: 48

Wall: 4

Level: Intermediate

Choreographer: Kathy Forrest (UK)

Music: If My Heart Had Wings - Faith Hill



## PIVOT ½ TURN RIGHT, STEP BACK LEFT, RIGHT, TOUCH, SIDE SHUFFLE, ROCK RECOVER

- 1-4 Step forward on right, pivot ½ turn to right on ball of right foot, step back on left, step back on right, touch left beside right
- 5&6 Step left to left side, close right beside left, step left to left side
- 7-8 Rock back on right, recover weight on left

## NEXT 8 COUNTS

- 1-8 Repeat 1-8 above

## TOUCH QUARTER TURN, SHUFFLE BACK, ROCK RECOVER, SHUFFLE FORWARD

- 1-2 Touch right toes out to right side, pivot on ball of left foot to turn ¼ right while bringing right foot in to touch beside left
- 3&4 Step back right, close left beside right, step back right
- 5-6 Rock back on left, recover weight on right
- 7&8 Step forward on left, close right beside left, step forward on left

## SIDE TOUCH, KICK AND TOUCH, CROSS UNWIND ½ TURN, SIDE TOUCH

- 1-2 Step right to right side, touch left beside right
- 3&4 Kick left forward, step left beside right, touch right to right side
- 5-6 Cross right over left, unwind ½ turn (weight on right foot)
- 7-8 Step left to left side, touch right beside left

## HIP BUMPS RIGHT AND LEFT, CROSS, STEP BACK, ½ TURN AND STEP

- 1&2 Step forward right, bump hips forward right, back left, forward right
- 3&4 Step forward left, bump hips forward left, back right, forward left (weight on left foot)
- 5-6 Cross right over left, step back left
- 7-8 ½ turn right stepping forward right, step forward left

## KICK BALL CHANGE, STEP TOUCH, KICK BALL CHANGE, STEP TOUCH

- 1&2 Kick right forward, step on ball of right foot, step left beside right
- 3-4 Step slightly forward on right, touch left beside right
- 5&6 Kick left forward, step on ball of left foot, step right beside left
- 7-8 Step slightly forward on left, touch right beside left

## REPEAT

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