

# When You Get Tore Up

**COPPER** **KNOB**  
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Roy Verdonk (NL)

Music: All Jacked Up - Gretchen Wilson



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## **FORWARD, TOE STRUTS RIGHT FOOT - LEFT FOOT WITH ROCKING CHAIR, TWICE**

- 1&2& Touch right toe forward, step onto right heel, touch left toe forward, step onto left heel  
3&4& Rock forward, on right foot recover onto left foot, rock back on right foot recover onto left foot  
5-8& Repeat 1-4&

## **STEP FORWARD PIVOT ½ TURN LEFT, 2 WALKS FORWARD, SIDE ROCK & CROSS TWICE**

- 1-2 Step forward on right foot, pivot ½ turn left  
3-4 Walk forward right foot, left foot  
5&6 Rock right foot to right, recover onto left foot, cross right foot over left foot  
7&8 Rock left foot to left, recover onto right foot, cross left foot over right foot

## **CHASSE RIGHT WITH SWAYS, CHASSE LEFT WITH SWAYS**

- 1&2 Step right foot to right, close left foot to right foot, step right foot to right  
3-4 Sway hips left, right  
5&6 Step left foot to left, close right foot to left foot, step left foot to left  
7-8 Sway hips right, left

## **STRUTTING JAZZ BOX (WIDE) WITH ¼ TURN RIGHT, OUT OUT HOLD, IN IN HOLD**

- 1&2& Touch right toe over left foot, step onto right heel, touch left toe back, step onto left heel  
3&4 Making a ¼ turn right touch right toe forward, step onto right heel, left foot step next to right foot  
&5-6 Jump slightly forward right foot, left foot (feet apart), hold  
&7-8 Jump back into place right foot, left foot (feet together), hold

## **REPEAT**

**Fade out at 2:38**

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