

# When I'm Breathing

**COPPER** **NOB**  
BY STEPHEN BRETZ

Count: 48

Wall: 4

Level: Intermediate

Choreographer: Lisa Ferguson (UK)

Music: It Only Hurts When I'm Breathing - Shania Twain



## DIAGONAL MAMBO ROCK FORWARD RIGHT, DIAGONAL MAMBO BACK LEFT, SIDE ROCK & CROSS, ½ TURN RIGHT, CROSS

- 1&2 Rock forward on right diagonal, replace weight onto left, replace right beside left  
3&4 Rock back on left diagonal, replace weight onto right, replace left beside right  
5&6 Rock right to right side, replace weight onto left, cross right over left  
7&8 Step left ¼ turn right, step right ¼ turn right, cross left over right

## DIAGONAL MAMBO ROCK FORWARD RIGHT, DIAGONAL MAMBO BACK LEFT, SIDE ROCK & CROSS, ½ TURN RIGHT, CROSS

- 1&2 Rock forward on right diagonal, replace weight onto left, replace right beside left  
3&4 Rock back on left diagonal, replace weight onto right, replace left beside right  
5&6 Rock right to right side, replace weight onto left, cross right over left  
7&8 Step left ¼ turn right, step right ¼ turn right, cross left over right

## ROCK RIGHT & CROSS, SIDE, BEHIND, ¼ TURN LEFT, STEP RIGHT ½ TURN LEFT, STEP RIGHT, FULL TRIPLE TURN OVER RIGHT

- 1&2 Rock right to right side, replace weight onto left, cross right over left  
3&4 Step left to left side, cross right behind left, step left ¼ turn left  
5&6 Step forward right, ½ pivot over left, step forward right  
7&8 Make full turn forward over right, stepping left, right, left (or walk forward stepping left, right, left)

## MAMBO FORWARD RIGHT, STEP BACK LEFT, LOCK, LEFT, MAMBO BACK RIGHT, STEP FORWARD LEFT, LOCK, LEFT

- 1&2 Rock forward right, replace weight onto left, replace right beside left  
3&4 Step back left, lock right in front of left, step back left  
5&6 Rock back right, replace weight onto left, replace right beside left  
7&8 Step forward left, lock right behind left, step forward left

## ROCK RIGHT & CROSS, ROCK LEFT & CROSS, SIDE, BEHIND, ¼ TURN RIGHT, STEP LEFT ½ TURN RIGHT, STEP LEFT

- 1&2 Rock right to right side, replace weight onto left, cross right over left  
3&4 Rock left to left side, replace weight onto right, cross left over right  
5&6 Step right to right side, cross left behind right, step right ¼ turn right  
7&8 Step forward left, ½ pivot over right, step forward left

## FULL TRIPLE TURN OVER LEFT, MAMBO FORWARD LEFT, MAMBO BACK RIGHT, STEP LEFT PIVOT ¼ RIGHT, CROSS LEFT

- 1&2 Make full turn forward over left, stepping right, left, right (or walk forward stepping right, left, right)  
3&4 Rock forward on left, replace weight onto right, replace left beside right  
5&6 Rock forward on right, replace weight onto left, replace right beside left  
7&8 Step forward left, make ¼ pivot right, cross left over right

**REPEAT**